

All-Atlantic Region
Outdoor Track & Field Championships
Hosted By Moravian - 5/18/2022 to 5/19/2022

Results

Women 100 Meter Dash

Meet Record: 12.00 M 5/17/2018 Aaniyah Robinson

Name	Yr	School	Prelims
Preliminaries			
1 Samantha Giordani	JR	Carnegie Mellon	M 11.90Q0.5
2 Sarah Levine	JR	Brockport	12.15Q1.7
3 Zrreyah Moore	SO	Rutgers-Newark	12.16Q1.2
4 Promise Fadahunsi	JR	Rowan	12.14q 0.5
5 Jenna Strickland	SR	Geneseo	12.20q 1.7
6 Valandra Riggins	SO	TCNJ	12.23q 1.2
7 Gbarper Dwah	FR	Ramapo	12.27q 1.7
8 Rebecca Kneppel	FR	Ramapo	12.34q 0.5
9 Helen Davis	JR	Moravian	12.35 1.2
10 Elisabeth Schwarz	FR	Alvernia	12.38 1.7
11 Brenna Johnson	SR	Nazareth	12.40 0.5
12 Satin Holmes	SR	Brockport	12.44 1.2
13 Kyla Wilson	SO	Stevenson	12.49 0.5
14 Kate Koutsourades	SO	Geneseo	12.50 1.7
15 Autumn Pittman	FR	Cortland	12.52 1.7
16 Alexa Rine	SO	Susquehanna	12.60 1.2
17 Emma Vezzosi	JR	Grove City	12.63 0.5
18 Sarah Wagner	FR	Misericordia	12.64 1.7
19 Maria Muzzarelli	FR	Widener	12.65 0.5
20 Traci Francis	FR	Vassar	12.65 1.2
21 Michaela Kurbs	SO	St. John Fis	12.66 0.5
22 Abigail Gerdes	SO	Johns Hopkin	12.77 1.7
23 Ashleigh Lacy	JR	Oswego	12.77 1.2
24 Ava Novak	SO	Vassar	12.89 1.2

Women 100 Meter Dash

Meet Record: 12.00 M 5/17/2018 Aaniyah Robinson

Name	Yr	School	Finals
Finals			
1 Samantha Giordani	JR	Carnegie Mellon	11.96M0.6
2 Zrreyah Moore	SO	Rutgers-Newark	12.04 0.6
3 Gbarper Dwah	FR	Ramapo	12.19 0.6
4 Valandra Riggins	SO	TCNJ	12.22 0.6
5 Rebecca Kneppel	FR	Ramapo	12.25 0.6
6 Promise Fadahunsi	JR	Rowan	12.28 0.6
7 Sarah Levine	JR	Brockport	12.30 0.6
8 Jenna Strickland	SR	Geneseo	12.34 0.6

Women 200 Meter Dash

Meet Record: 24.7h M 1984 Tracey Armstead

Name	Yr	School	Finals
Finals			
1 Gina Dello Russo	SR	Stevens	23.98 2.3
2 Samantha Giordani	JR	Carnegie Mellon	24.11 2.3
3 Zrreyah Moore	SO	Rutgers-Newark	24.66M1.0
4 Rebecca Kneppel	FR	Ramapo	25.01 0.5
5 Maria Grill	JR	TCNJ	25.05 1.0
6 Jenna Strickland	SR	Geneseo	25.26 2.3
7 Marissa Wise	FR	Brockport	25.33 2.3
8 Amanda Demko	FR	TCNJ	25.35 0.8

9 Molly Lodge	FR	Rowan	25.37 0.8
10 Isre'al Conerly	SO	NYU	25.41 1.0
11 Crystal Robinson	JR	Moravian	25.43 1.0
12 Susan Bansbach	JR	Rochester	25.45 2.3
13 Sarah Levine	JR	Brockport	25.47 0.5
14 Brianna Lawless	SR	Brockport	25.47 2.3
15 Kadie-Ann Whyte	FR	SUNY Delhi	25.53 1.0
16 Kate Isaac	SO	Rochester	25.59 0.6
17 Elisabeth Schwarz	FR	Alvernia	25.62 0.6
18 Anna Flaitz	JR	Geneseo	25.76 1.0
19 Valandra Riggins	SO	TCNJ	25.77 0.8
20 Caroline Hill	FR	RIT	25.86 1.0
21 Laura Zopf	SR	Geneseo	25.92 0.5
22 Emma Vezzosi	JR	Grove City	25.95 2.3
23 Kyla Wilson	SO	Stevenson	25.99 0.6
24 Nevaeh Lorjuste	FR	Rowan	25.99 0.6
25 Abby Giamoni	FR	Moravian	26.01 0.8
26 Kristin Hardy	JR	Rochester	26.01 1.0
27 Erin Buquicchio	SO	TCNJ	26.02 1.0
28 Autumn Pittman	FR	Cortland	26.10 0.6
29 Ava Novak	SO	Vassar	26.14 0.5
30 Marley Froe	FR	Union (N.Y.)	26.49 2.3
--- Promise Fadahunsi	JR	Rowan	DNF 1.0

Women 400 Meter Dash

Meet Record: 55.55 M 5/7/2016 Noemie Bechu

Name	Yr	School	Finals
Finals			
1 Madison Mulder	JR	Geneseo	54.57M
2 Madeline O'Connell	JR	Rochester	55.35M
3 Molly Lodge	FR	Rowan	56.99
4 Noelle Gonzalez	JR	Scranton	57.05
5 Allison Uhl	SR	TCNJ	57.25
6 Maria Grill	JR	TCNJ	57.30
7 Laura Zopf	SR	Geneseo	57.44
8 Nevaeh Lorjuste	FR	Rowan	57.48
9 Isre'al Conerly	SO	NYU	57.51
10 Mackenzie Mix	FR	Utica	57.62
11 Samantha Shea	JR	St. John Fis	57.74
12 Kathleen Pedersen	JR	Rowan	57.79
13 Anna Flaitz	JR	Geneseo	57.81
14 Grace Wright	FR	St. John Fis	57.86
15 Jasmine Broadway	FR	Rowan	58.13
16 Amanthy Sosa Cacere	SR	Rowan	58.19
17 Katelyn Hutchison	JR	Ithaca	58.35
18 Megan Gasnick	JR	TCNJ	58.51
19 Lauren Phillips	FR	Johns Hopkin	58.58
20 Ashley Tyburski	JR	Johns Hopkin	58.76
21 Emma Flaitz	SO	Geneseo	58.81
22 Sabrina Richards	SO	SUNY Delhi	59.23
23 Amber Hackenberg	SO	Misericordia	59.31
24 Abigail Radcliffe	FR	DeSales	59.34
25 Ivy Laffan	FR	PSU-Behrend	59.46
26 Grace Massillon	FR	Johns Hopkin	59.64
27 Caroline Hill	FR	RIT	59.72

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Results

Finals ... (Women 400 Meter Dash)

	Name	Yr	School	Finals
28	Erin Hanlon	FR	TCNJ	1:00.25
29	Tara Ford	JR	Widener	1:00.89
30	Chidimma Igwe	SO	Rutgers-Newark	1:01.23
31	Rachel Byrne	JR	Moravian	1:01.57
32	Natalie MacArthur	FR	Ithaca	1:01.79

Women 800 Meter Run

Meet Record: 2:12.77 M 5/16/2019 Allison Uhl

	Name	Yr	School	Finals
Finals				
1	Kelty Oaster	SO	Elizabethtown	2:12.30M
2	Aislyn McDonough	JR	Plattsburgh	2:14.09
3	Katerina Salcedo	SR	SUNY Delhi	2:14.38
4	Averi Rine	JR	Misericordia	2:15.20
5	Raechel Zielinski	SO	Geneseo	2:15.89
6	Harrinee Senthilkumar	FR	Johns Hopkin	2:16.01
7	Taylor Jacobs	SR	Carnegie Mellon	2:16.39
8	Nieve Mahood	FR	Geneseo	2:16.65
9	Katelyn Bernotas	JR	Widener	2:17.02
10	Jennifer Metz	JR	Brockport	2:17.15
11	Sydney Green	SR	St. Vincent	2:18.05
12	Mona Yuan	JR	Carnegie Mellon	2:18.82
13	Faith Remich	SO	Washington & Jef	2:18.87
14	Elizabeth Decker	SR	Nazareth	2:18.91
15	Ella DePhillips	SO	Oneonta	2:19.57
16	Kavya Tummalapalli	JR	Carnegie Mellon	2:19.78
17	Holly Chambers	JR	Ursinus	2:20.43
18	Kristin Gallagher	FR	Misericordia	2:22.52
19	Leana Dickens	SO	St. Lawrence	2:22.58
20	Natalie Stabilito	SR	Moravian	2:22.64
21	Faith Coyle	FR	Oswego	2:23.27
22	Kate Ross	SR	Susquehanna	2:23.29
23	Alycia Haynes	SR	Farmingdale	2:23.35
24	Kaylee Haynes	SO	Brockport	2:23.64
25	Lisa Pink	SR	Rochester	2:28.12
26	Catherine Zamroz	SR	Cortland	2:28.74
27	Olivia Nola	FR	PSU-Behrend	2:28.99
28	Kasey McGerald	SO	Union (N.Y.)	2:29.74

Women 1500 Meter Run

Meet Record: 4:29.52 M 5/4/2013 Jennifer Randall

	Name	Yr	School	Finals
Finals				
1	Rachel Conhoff	JR	Ursinus	4:36.22
2	Abby Dalton	SR	Muhlenberg	4:37.50
3	Lydia Bennett	FR	Grove City	4:47.35
4	Jessie Klenk	SO	Stockton	4:47.74
5	Natalie Stabilito	SR	Moravian	4:49.58
6	Olivia Nola	FR	PSU-Behrend	4:49.60
7	Catherine Dacey	FR	Union (N.Y.)	4:49.67
8	Lauren Bunke	SO	Lebanon Valley	4:54.08
9	Marian Draper	SR	RIT	4:54.63
10	Julia Resele	JR	Lebanon Valley	4:57.49

11	Cassie Carr	FR	Washington & Jef	5:03.22
12	Catherine Zamroz	SR	Cortland	5:08.10

Women 5000 Meter Run

Meet Record: 16:58.39 M 5/19/2021 Parley Hannan

	Name	Yr	School	Finals
Finals				
1	Penelope Greene	FR	Geneseo	17:40.21
2	Kristen Seballos	SR	Carnegie Mellon	17:54.97
3	Katherine Vogel	SO	Geneseo	18:03.62
4	Katherine Sheehy	SO	St. Lawrence	18:05.84
5	Olivia Nola	FR	PSU-Behrend	18:15.60
6	Cassie Carr	FR	Washington & Jef	18:24.49
7	Ryann Wauthier	FR	Ursinus	18:34.55
8	Lyndsay Boyd	SR	Rowan	18:35.43
9	Sasha Allison	SR	Vassar	18:37.95
10	Laura Witt	SO	St. John Fis	18:50.73
11	Courtney Dalton	SO	Montclair State	19:05.58
12	Ally Battaglia	FR	Fredonia	19:10.80
13	Sarah Devries	SO	Misericordia	19:27.29
---	Lauren Brennan	SO	St. Vincent	DNF

Women 10000 Meter Run

Meet Record: 35:44.80 M 1984 Ellyn Block

	Name	Yr	School	Finals
Finals				
1	Michelle Murray	SR	Carnegie Mellon	37:57.36
2	Rachel Dennis	JR	Rochester	38:06.39
3	Kerry Flower	JR	Brockport	38:21.44
4	Sennett Turner	SO	Rochester	38:49.19
5	Riley Corey	JR	St. John Fis	39:01.91
6	Olivia Bernier	SO	St. Lawrence	39:04.95
7	Lauren Ferguson	SR	Ursinus	39:12.20
8	Rachel Domaracki	SO	Houghton	39:14.76
9	Emma Marion	SR	Moravian	39:18.93
10	Katherine Peterson	FR	Geneseo	39:25.52
11	Ella Wise Bellin	SR	Rochester	39:28.16
12	Icel Sukovaty	JR	Rochester	39:39.73
13	Olivia Watson	SO	St. Lawrence	39:47.89
14	Bridget Kennedy	JR	Elizabethtown	39:54.46
15	Alicia Lawson	FR	Rochester	39:55.54
16	Lilianna Hanning	SO	Nazareth	40:04.92
17	Erin Percy	SR	RIT	40:17.61
18	Megan Morin	JR	Nazareth	40:18.69
19	Amelia Gilbert	JR	RIT	40:52.69
20	Katherine Jones	FR	Misericordia	40:55.58
21	Sydney Steger	SR	Brockport	41:06.27
22	Meredith Garrity	SO	Ithaca	42:16.46
23	Morgan Gould	SR	St. John Fis	42:42.04
---	Megan Francoeur	SO	Oneonta	DNF

All-Atlantic Region
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Results

Women 100 Meter Hurdles

Meet Record: 13.9h M 1988

Winsome Foderingham

Name	Yr	School	Prelims
Preliminaries			
1 Laura Mathews	SO	Stevens	M 13.82Q1.5
2 Gwen Shepardson	JR	Geneseo	14.16Q2.5
3 Logan Bruce	JR	Ithaca	14.11q 1.5
4 Nicole Notaranni	SR	Rowan	14.12q 1.5
5 Delilah Cruz	SO	Ramapo	14.26q 2.5
6 Ciarra Franz	FR	St. John Fis	14.68q 2.5
7 Ashley Heffernan	SO	Rochester	14.87q 2.5
8 Glory Odeh	SO	Lehman	14.91q 2.5
9 Eliza Bruncaj	FR	TCNJ	14.96 1.5
10 Ejim Nnate	FR	Oneonta	15.08 1.5
11 Kelsie Naldrett	SR	Brockport	15.33 1.5
12 Chloe Yoder	SO	Susquehanna	15.39 2.5
13 Kristen Williams	SO	Stevens	15.41 1.5
14 Gloria Hughes	FR	Rowan	15.48 2.5
15 Sophie Henderson	SR	Utica	15.82 2.5

Women 100 Meter Hurdles

Meet Record: 13.9h M 1988

Winsome Foderingham

Name	Yr	School	Finals
Finals			
1 Laura Mathews	SO	Stevens	14.08 +0.0
2 Logan Bruce	JR	Ithaca	14.24 +0.0
3 Nicole Notaranni	SR	Rowan	14.27 +0.0
4 Gwen Shepardson	JR	Geneseo	14.34 +0.0
5 Ciarra Franz	FR	St. John Fis	14.80 +0.0
6 Glory Odeh	SO	Lehman	14.93 +0.0
7 Ashley Heffernan	SO	Rochester	15.24 +0.0
8 Delilah Cruz	SO	Ramapo	31.99 +0.0

Women 400 Meter Hurdles

Meet Record: 1:01.47 M 5/17/2018 Harley Wilson

Name	Yr	School	Finals
Finals			
1 Gwen Shepardson	JR	Geneseo	1:00.19M
2 Janyll Barber	JR	Plattsburgh	1:01.38M
3 Marissa Dispenza	SR	RIT	1:03.27
4 Eliza Bruncaj	FR	TCNJ	1:03.43
5 Sonialys Badillo	SO	Misericordia	1:03.58
6 Allyn Madden	SR	Geneseo	1:03.62
7 Laura Meade	JR	Utica	1:03.89
8 Victoria Purritano	JR	TCNJ	1:03.93
9 Abbey Szumloz	SR	Nazareth	1:04.39
10 Glory Odeh	SO	Lehman	1:04.64
11 Elizabeth Liriano	SO	Cortland	1:05.19
12 Clara Sensini	JR	Buffalo State	1:05.79
13 Luca Pecora	FR	Ithaca	1:05.87
14 Alexandria Wisniewski	FR	Houghton	1:06.23
15 Claire Lenihan	JR	Geneseo	1:06.74
16 Laura Cardona	JR	Elizabethtown	1:07.18
17 Sarah Rivet	JR	Alfred State	1:07.86

18 Mahon McClenahan	SR	Rowan	1:08.06
19 Elise Daniel	FR	Widener	1:08.51
20 Jadyne Hartner	FR	Washington & Jef	1:09.31
21 Lauren Bendall	SO	Nazareth	1:09.35

Women 3000 Meter Steeplechase

Meet Record: 10:33.70 M 2010

Wendy Pavlus

Name	Yr	School	Finals
Finals			
1 Rachel Hirschkind	SO	Geneseo	10:38.99
2 Emma Palumbo	FR	St. Lawrence	10:53.49
3 Kaitlyn Grossman	FR	Geneseo	11:29.80
4 Veronica Dailey	JR	Brockport	11:34.04
5 Hallie Weaver	SR	Elizabethtown	11:38.53
6 Betsy Overstrum	SO	Hamilton	11:40.67
7 Billie McClosky	SO	St. Lawrence	11:46.91
8 Jade Denning	FR	Utica	11:47.31
9 Emily Weaver	JR	Nazareth	11:47.41
10 Keri Jones	SR	Lebanon Valley	11:49.33
11 Carley Tool	SR	Rowan	11:51.95
12 Isabel Marzec	FR	Geneseo	11:58.32
13 Ella Lyle	FR	Grove City	12:02.00
14 Katherine Benninger	SO	Rochester	12:05.66
15 Olivia Harris	FR	Stockton	12:06.31
16 Santana Burak	SR	Moravian	12:06.78
17 Lauren Puchta	FR	Brockport	12:14.25
18 Kelsey Kobus	JR	TCNJ	12:17.31
19 Haley Estus	FR	DeSales	12:22.09
20 Hannah Fichter	FR	Ithaca	12:28.74
21 Alissa Beam	SR	St. Vincent	12:45.91
22 Cassidy Manke	SR	Buffalo State	12:54.43
23 Allison Malatesta	SO	Union (N.Y.)	13:13.38

Women 4x100 Meter Relay

Meet Record: 47.32 M 5/17/2018 Brockport

M Scarpello, T Prutsman, C John-Ogam, B Lawless

Team	Relay	Finals
Finals		
1 Geneseo		47.41
1) Laura Zopf SR	2) Jenna Strickland SR	
3) Madison Mulder JR	4) Kate Koutsourades SO	
2 Ramapo		47.52
1) Delilah Cruz SO	2) Rebecca Kneppel FR	
3) Gbarper Dwah FR	4) Meredith Yaskovic FR	
3 Rochester		47.53
1) Kate Isaac SO	2) Susan Bansbach JR	
3) Ashley Heffernan SO	4) Madeline O'Connell JR	
4 TCNJ		47.99
1) Ashlyn MacLure JR	2) Amanda Demko FR	
3) Maria Grill JR	4) Valandra Riggins SO	
5 Rowan		48.25
1) Promise Fadahunsi JR	2) Molly Lodge FR	
3) Nicole Notaranni SR	4) Nevaeh Lorjuste FR	

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Finals ... (Women 4x100 Meter Relay)

Team	Relay	Finals
6 Moravian		48.30
1) Helen Davis JR	2) Crystal Robinson JR	
3) Racquel Ramey FR	4) Abby Giamoni FR	
7 Alvernia		48.52
1) Elisabeth Schwarz FR	2) Olivia Herzog SO	
3) Micah Yarbray FR	4) Shinelle Felix FR	
8 Misericordia		48.54
1) Sonialys Badillo SO	2) Amber Hackenberg SO	
3) Natasha Mihalko FR	4) Sarah Wagner FR	
9 Johns Hopkins		48.79
1) Abigail Gerdes SO	2) Lauren Phillips FR	
3) Annie Gutierrez SR	4) Victoria Kadirir FR	
10 Vassar		48.95
1) Malinda Smith JR	2) Ava Novak SO	
3) Lola Perez-Fry JR	4) Traci Francis FR	
11 SUNY Delhi		49.08
1) Sabrina Richards SO	2) Katerina Salcedo SR	
3) Jaylynn Sheppard SR	4) Kadie-Ann Whyte FR	
12 Rutgers-Newark		49.50
1) Pearl Opabea SR	2) Brya Byrd SO	
3) Chidimma Igwe SO	4) Zrreyah Moore SO	
13 Susquehanna		49.55
1) Kelly Loughlin FR	2) Alayna Krempa FR	
3) Addison Yaukey FR	4) Alexa Rine SO	
14 Lebanon Valley		49.59
1) Hannah McCurdy SO	2) Laura Good FR	
3) Alyssa Peiffer FR	4) Darrian Berkheimer FR	
15 PSU-Behrend		51.26
1) Victoria Dietrich FR	2) Ivy Laffan FR	
3) Maria Campbell SO	4) Madison Kappeler FR	
16 Oneonta		51.90
1) Danielle Jackson FR	2) Taylor Johnson FR	
3) Eva Zepeda SR	4) Ella DePhillips SO	
17 Brockport		53.28
1) Satin Holmes SR	2) Marissa Wise FR	
3) Brianna Lawless SR	4) Sarah Levine JR	

Women 4x400 Meter Relay

Meet Record: 3:44.48 M 5/19/2021 Geneseo

J Strickland, A Flaitz, M Mulder, E Lavarney

Team	Relay	Finals
1 Geneseo		3:42.19M
1) Jenna Strickland SR	2) Anna Flaitz JR	
3) Gwen Shepardson JR	4) Madison Mulder JR	
2 Rochester		3:44.63
1) Madeline O'Connell JR	2) Eileen Bequette SR	
3) Kristin Hardy JR	4) Susan Bansbach JR	
3 TCNJ		3:47.61
1) Allison Uhl SR	2) Eliza Bruncaj FR	
3) Maria Grill JR	4) Megan Gasnick JR	

4 Rowan	3:50.11
1) Molly Lodge FR	2) Amanthy Sosa Cacere SR
3) Kathleen Pedersen JR	4) Nevaeh Lorjuste FR
5 St. John Fisher	3:56.10
1) Grace Wright FR	2) Emma Wright FR
3) Breanna Lambert SR	4) Samantha Shea JR
6 Johns Hopkins	3:57.05
1) Annie Gutierrez SR	2) Lauren Phillips FR
3) Anna Zaeske FR	4) Ashley Tyburski JR
7 Brockport	3:59.93
1) Marissa Wise FR	2) Brianna Lawless SR
3) Kaylee Haynes SO	4) Sarah Levine JR
8 Union (N.Y.)	4:00.19
1) Gabrielle Baker FR	2) Kasey McGerald SO
3) Glory Moncion-Allen SO	4) Caroline Stanton SO
9 Lebanon Valley	4:01.24
1) Hannah McCurdy SO	2) Laura Good FR
3) Alyssa Peiffer FR	4) Darrian Berkheimer FR
10 Rutgers-Newark	4:02.67
1) Zahkyrah Cater SO	2) Zrreyah Moore SO
3) Chidimma Igwe SO	4) Gayathri Naryanan FR
11 Moravian	4:02.99
1) Rachel Byrne JR	2) Zoey Bronson FR
3) Abby Giamoni FR	4) Crystal Robinson JR
12 Ithaca	4:05.05
1) Natalie MacArthur FR	2) Katherine Downey SO
3) Rachel Rose SO	4) Devan Adegbile FR
13 Stockton	4:06.00
1) Meredith O'Donnell FR	2) Jaelyn Barkley FR
3) Lauren Maldonado FR	4) Khristina Washington FR
14 Elizabethtown	4:06.57
1) Laura Cardona JR	2) Melissa Patton FR
3) Victoria Wert JR	4) Kely Oaster SO
15 Susquehanna	4:10.54
1) Liza Levin FR	2) Anastasia Farley SR
3) Alexa Rine SO	4) Kate Ross SR

Women 4x800 Meter Relay

Meet Record: 9:11.37 M 2005

Geneseo

Team	Relay	Finals
1 Rowan		9:35.33
1) Sha'Lynn Clarke JR	2) Amanda McNally SO	
3) Carley Tool SR	4) Robin Collura SO	
2 Grove City		9:36.75
1) Kaylynn Johnson FR	2) Rue Allison SR	
3) Abby Biddle JR	4) Lydia Bennett FR	
3 Lebanon Valley		9:40.88
1) Julia Resele JR	2) Keri Jones SR	
3) Alyssa Peiffer FR	4) Lauren Bunke SO	
4 Susquehanna		9:43.27
1) Anna Conklin SO	2) Anastasia Farley SR	
3) Kallan Carter JR	4) Kate Ross SR	

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Results

Finals ... (Women 4x800 Meter Relay)

Team	Relay	Finals
5 Misericordia		9:44.20
1) Kristin Gallagher FR	2) Brianna Wagner FR	
3) Averi Rine JR	4) Sarah Devries SO	
6 Stockton		9:44.40
1) Jaelyn Barkley FR	2) Jessie Klenk SO	
3) Lauren Maldonado FR	4) Marlee Tharp FR	
7 Union (N.Y.)		9:45.17
1) Allison Malatesta SO	2) Glory Moncion-Allen SO	
3) Caroline Stanton SO	4) Catherine Dacey FR	
8 Brockport		9:45.93
1) Kaylee Haynes SO	2) Naomi Sibley JR	
3) Ashley Martinez SR	4) Jennifer Metz JR	
9 Ramapo		9:54.89
1) Zoey Cassavell FR	2) Kacy Ewing FR	
3) Suzanne Zaugg SO	4) Lindsay McNeill SO	
10 PSU-Behrend		9:55.84
1) Ivy Laffan FR	2) Savanna Carr JR	
3) Emily Ferrans FR	4) Olivia Nola FR	
11 Ithaca		9:56.32
1) Rachel Rose SO	2) Emily Johnson FR	
3) Hannah Fichter FR	4) Katherine Downey SO	
12 Montclair State		10:03.92
1) Emily Albright SR	2) Kelly Weckstein SR	
3) Jealyne Ramos FR	4) Natasha Senatus SR	
13 St. John Fisher		10:07.79
1) Taylor Highers SR	2) Vanessa Ramos FR	
3) Angelea Collins SO	4) Alivia Collins SR	
14 Alfred		10:17.16
1) Morgan Brothers SR	2) Olivia Gilbert SO	
3) McKenzie Hall SO	4) Sarah Lutkins SO	

Women High Jump

Meet Record:		1.74m M 1998		Heidi Nichols	
Name		Yr	School	Finals	
Finals					
1	Jenna Berry	SR	Geneseo	1.65m	
2	Michaela Levesque	SO	Brockport	1.60m	
2	Susann Foley	SO	Stockton	1.60m	
4	Danielle Fisk	SO	Cortland	1.60m	
5	Lexi Groff	SO	Moravian	1.60m	
5	Casey Allen	FR	Misericordia	1.60m	
7	Jocelynn Itterly	JR	Elizabethtown	1.55m	
8	Charly Slusser	FR	Ithaca	1.55m	
8	Sarah Killip	JR	Brockport	1.55m	
10	Allie Canciani	SO	Stevens	1.55m	
11	Melena Koutch	FR	Lebanon Valley	1.55m	
11	Caroline Tighe	FR	Stevens	1.55m	
13	Halle King	SR	Brockport	1.55m	
14	Meghan McGonigle	SR	Scranton	1.55m	
15	Hayden Williamson	FR	Houghton	1.50m	
16	Katie Baller	SO	Grove City	1.50m	
16	Kaitlyn Vervier	FR	Stockton	1.50m	
---	Abigail Pfaff	FR	TCNJ	NH	

---	Bianca Durso	SO	Alfred	NH
---	Taryn Silvernale	FR	Johns Hopkin	NH
---	Kassidy Burrows	SO	RIT	NH

Women Pole Vault

Meet Record: 4.28m M 5/5/2017 Katherine Pitman

	Name	Yr	School	Finals
Finals				
1	Meghan Matheny	JR	Ithaca	3.86m
2	Martha Kemp-Neilson	SO	Ithaca	3.71m
3	Sara Altonen	SO	Ithaca	3.61m
4	Ashley Heffernan	SO	Rochester	3.61m
5	Taryn Silvernale	FR	Johns Hopkin	3.46m
5	Jeanmarie Harvey	SO	Stockton	3.46m
5	Nicole Lester	JR	TCNJ	3.46m
5	Anna Ahlquist	SR	Nazareth	3.46m
9	Haley Lerner	FR	Fredonia	3.46m
10	Andrea Shipton	SR	Hamilton	3.31m
10	Jamie Rossig	SO	Ithaca	3.31m
12	Alondra Arroyo	SR	St. John Fis	3.31m
13	Gina Dello Russo	SR	Stevens	3.31m
14	Emma Mele	FR	DeSales	3.16m
15	kate Appleby-Wineberg	SO	Rowan	3.16m
15	Madison Swartout	SR	Misericordia	3.16m
15	Kennedy Heichel	SO	Ithaca	3.16m
18	Madison Kappeler	FR	PSU-Behrend	3.16m
19	Ashley Zhang	JR	Carnegie Mellon	3.01m
20	Madison Fey	FR	Stockton	3.01m
---	Jo-Michelle Huczko	SO	Carnegie Mellon	NH
---	Madeline O'Connell	JR	Rochester	NH

Women Long Jump

Meet Record: 5.90m M 5/16/2019 Kimberly Hammond

Name	Yr	School	Finals
Finals			
1 Victoria Kadiri	FR	Johns Hopkin	6.06mM0.3
2 Gina Dello Russo	SR	Stevens	6.01mM+0.0
3 Annie Gutierrez	SR	Johns Hopkin	5.93mM1.1
4 Michaela Kurbs	SO	St. John Fis	5.81m 0.5
5 Emily Salvemini	SO	Geneseo	5.78m +0.0
6 Logan Bruce	JR	Ithaca	5.71m -1.4
7 Chanyce Powell	SR	Brockport	5.70m 1.4
8 Brenna Johnson	SR	Nazareth	5.64m 0.1
9 Sara Brown	SO	Ithaca	5.63m 1.0
10 Sarah Wagner	FR	Misericordia	5.53m 0.4
11 Emma Vezzosi	JR	Grove City	5.45m +0.0
12 Sidney Whetstone	FR	Montclair State	5.44m 2.1
13 Veronica Duell	FR	St. John Fis	5.43m 0.8
14 Halle King	SR	Brockport	5.40m +0.0
15 Alyssa Hoogs	JR	Rochester	5.40m +0.0
16 Olivia Middleton	SO	St. Lawrence	5.35m -0.2
17 Allyson Surowick	SO	Geneseo	5.30m +0.0
18 Remi Acord	FR	Susquehanna	5.27m 0.8
19 Shinelle Felix	FR	Alvernia	5.23m +0.0
20 Katelyn Jacques	SO	Geneseo	5.21m 1.3

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Finals ... (Women Long Jump)

	Name	Yr	School	Finals
21	Ava Novak	SO	Vassar	5.20m +0.0
22	Lola Perez-Fry	JR	Vassar	5.20m 1.2
23	Leah Basel	SO	Hamilton	5.16m +0.0
24	Eileen Bequette	SR	Rochester	5.10m +0.0
25	Hannah Ragule	SO	Nazareth	5.10m -1.8
26	Hannah Alderfer	FR	Susquehanna	5.10m 0.7
27	Kayla Guerre	SR	Oswego	5.04m 0.5
28	McKenzie Leahey	JR	Nazareth	5.00m 1.3
29	Isabella Heath	SO	Nazareth	4.94m 1.3
30	Ally Alvira	SO	Geneseo	4.82m 1.1
31	Karla Gomez-Matos	FR	TCNJ	4.81m +0.0

Women Triple Jump

Meet Record: 12.63m M 1998 Monique Hacker

	Name	Yr	School	Finals
Finals				
1	Chanyce Powell	SR	Brockport	12.10m 0.4
2	Shinelle Felix	FR	Alvernia	11.82m -0.9
3	Katelyn Jacques	SO	Geneseo	11.67m -0.8
4	Ally Alvira	SO	Geneseo	11.51m 0.5
5	Remi Acord	FR	Susquehanna	11.46m -0.2
6	Natasha Mihalko	FR	Misericordia	11.42m -0.2
7	Sarah Wagner	FR	Misericordia	11.31m 0.5
8	Lena Kiehl	SO	Geneseo	11.22m +0.0
9	Hannah Ragule	SO	Nazareth	11.15m -1.0
10	Alyssa Hoogs	JR	Rochester	10.99m -1.2
11	Megan Brubaker	SO	DeSales	10.96m -1.3
12	Mia Montgomery	SR	Brockport	10.88m 1.1
13	Isabella Heath	SO	Nazareth	10.86m 0.8
14	Awnshae Smith	JR	Marywood	10.79m +0.0
15	Mylina Castillo	FR	Alvernia	10.74m 0.8
16	Cora Rose	FR	Rochester	10.60m -0.2
17	Leah Basel	SO	Hamilton	10.53m +0.0
18	Khristina Washington	FR	Stockton	10.22m -0.8
19	McKenzie Leahey	JR	Nazareth	9.27m +0.0

Women Shot Put

Meet Record: 15.45m M 5/17/2018 Victoire Kothor

	Name	Yr	School	Finals
Finals				
1	oghenefejiro Akiri	SO	Rutgers-Newark	13.02m
2	Sarah Crockett	SO	Brockport	12.99m
3	Jane Fahy	JR	Utica	12.88m
4	Makayla Taylor	JR	Rowan	12.60m
5	Isabella Fabrizio	SO	Oneonta	12.49m
6	Shahyan Abraham	FR	Stockton	12.44m
7	Maggie Boyer	SO	Susquehanna	12.35m
8	Kathleen Merchant	JR	St. Lawrence	12.15m
9	Rosalyn Page	FR	Marywood	12.03m
10	Ariyahna Bernard	JR	Ithaca	11.90m
11	Jacqueline Allen	SO	Ursinus	11.77m
12	Madison Palmer	SR	Alfred	11.72m
13	Kerri McCarthy	FR	TCNJ	11.55m

14	Shanil Auguste	SO	Rutgers-Newark	11.55m
15	Kathleen Monahan	FR	Carnegie Mellon	11.47m
16	Maleenah Ortiz	FR	Brockport	11.41m
17	Makenna King	SO	St. John Fis	11.36m
18	Lauren Kluck	SR	Geneseo	11.09m
19	Kaitlyn Bjelko	JR	Plattsburgh	10.85m
20	AnaMaria Laccetti	JR	Stevens	10.84m
21	Edith Gonzalez	SO	TCNJ	10.80m
22	Kimberly Merchant	JR	St. Lawrence	10.77m
23	Kitty Messina	FR	SUNY Delhi	10.77m
24	Jessica Reilly	FR	TCNJ	10.68m
25	Teghan Garris	FR	Oneonta	10.58m
26	Zoe Conner	SO	Geneseo	10.51m

Women Discus Throw

Meet Record: 49.54m M 5/7/2016 Brandy Smith

	Name	Yr	School	Finals
Finals				
1	Makayla Taylor	JR	Rowan	42.43m
2	Isabelle Meckes	SO	DeSales	41.98m
3	Melinda Cornwall	SO	Carnegie Mellon	40.60m
4	Rosalyn Page	FR	Marywood	40.24m
5	Trinity Soto	JR	Elizabethtown	40.23m
6	Kimberly Merchant	JR	St. Lawrence	39.97m
7	Makenna King	SO	St. John Fis	39.85m
8	Ashley Muliawan	FR	Stevens	39.71m
9	Emily DiMarco	FR	RIT	38.88m
10	Katie Carrasco	SR	Grove City	38.70m
11	Ariyahna Bernard	JR	Ithaca	38.41m
12	AnaMaria Laccetti	JR	Stevens	38.36m
13	Emma Kinnicutt	FR	Brockport	38.04m
14	Tirzah Pilet	SR	RIT	38.01m
15	Sarah Crockett	SO	Brockport	37.95m
16	Kinsey Metzger	SO	Moravian	37.68m
17	Gillian Reeder	JR	Rochester	37.08m
18	Michelle Uvieghara	FR	NYU	36.65m
19	Jenna Vigorito	SO	Stockton	36.47m
20	Kathleen Merchant	JR	St. Lawrence	36.28m
21	Meaghan Collins	FR	St. Mary's (Md.)	36.11m
22	Madeline Wickel	JR	Moravian	35.69m
23	Rebecca Heuler	FR	SUNY Delhi	35.67m
24	Quintessa Zamolyi	JR	Misericordia	35.59m
25	Makenze Spence	SO	Lebanon Valley	35.17m
26	Brenna Karnish	JR	Misericordia	35.14m
27	Kitty Messina	FR	SUNY Delhi	35.13m
28	Maleenah Ortiz	FR	Brockport	34.79m
29	Olivia Scattergood	SR	Rowan	34.78m
30	Jane Fahy	JR	Utica	34.63m
31	DaniRae Renno	FR	Elizabethtown	34.22m
32	Cora Rose	FR	Rochester	33.42m
33	Kelsee Schoupppe	JR	Cedar Crest	31.46m
34	Shahyan Abraham	FR	Stockton	29.95m
35	Kathleen Monahan	FR	Carnegie Mellon	29.61m

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Women Hammer Throw

Meet Record: 56.34m M 2006 Felicia Tsai

Name	Yr	School	Finals
Finals			
1 Makayla Taylor	JR	Rowan	50.28m
2 Alayna Fredenburg	SR	Brockport	48.66m
3 Brenna Karnish	JR	Misericordia	48.53m
4 Liana Shames	JR	Ithaca	48.24m
5 Ellie Ramirez	SR	Brockport	47.63m
6 Sarah Crockett	SO	Brockport	47.63m
7 Ariyahna Bernard	JR	Ithaca	46.42m
8 Emma Kinnicutt	FR	Brockport	45.99m
9 Jordan Lehman	SR	St. John Fis	45.37m
10 Shahyan Abraham	FR	Stockton	45.32m
11 Lea Richard	SO	Nazareth	45.04m
12 Sarah Parr	FR	Cortland	45.04m
13 AnaMaria Laccetti	JR	Stevens	43.89m
14 Zoe Conner	SO	Geneseo	43.84m
15 Hannah Jackson	SO	Oneonta	43.68m
16 Olivia Scattergood	SR	Rowan	42.67m
17 Ola Owodunni	JR	Carnegie Mellon	41.54m
18 Taileen Zechman	FR	Hood	39.93m
19 Kaitlyn Bjelko	JR	Plattsburgh	38.71m
20 Lainey Porter	FR	Brockport	38.22m
21 Madison Palmer	SR	Alfred	36.79m
22 Faith Remias	SO	Rutgers-Newark	36.33m
23 oghenefejiro Akiri	SO	Rutgers-Newark	36.14m
24 Ashley Muliawan	FR	Stevens	36.12m
--- Gillian Reeder	JR	Rochester	FOUL

Women Javelin Throw

Meet Record: 44.80m M 1992 Carrie Gorton

Name	Yr	School	Finals
Finals			
1 Amanda Murillo	JR	TCNJ	41.83m
2 Alexandra Snyder	FR	Misericordia	40.12m
3 Kathleen Merchant	JR	St. Lawrence	39.05m
4 Ayaka Machida	JR	Geneseo	37.24m
5 Erin Miller	SO	Elizabethtown	36.59m
6 Quintessa Zamolyi	JR	Misericordia	36.50m
7 Tiffany Kuras	FR	Cedar Crest	36.03m
8 Jordyn Cather	FR	Misericordia	35.87m
9 Katya Galkowski	FR	Ursinus	35.36m
10 Rebecca Heuler	FR	SUNY Delhi	35.14m
11 Alayna Fredenburg	SR	Brockport	34.75m
12 Kimberly Merchant	JR	St. Lawrence	34.42m
13 Kitty Messina	FR	SUNY Delhi	34.32m
14 Delaney Wiseman	SO	Moravian	34.21m
15 Eileen Bequette	SR	Rochester	33.94m
16 Ellie Ramirez	SR	Brockport	33.56m
17 Eleanor Clarke	JR	Fredonia	33.34m
18 Hannah Bierling	JR	Ursinus	33.00m
19 Hannah Murdock	JR	Oneonta	32.85m
20 Abby McClaskey	FR	Moravian	32.01m

21 Vicky Donovan	SO	Moravian	31.90m
22 Taileen Zechman	FR	Hood	31.55m
23 Meagan Scherer	SR	TCNJ	31.50m
24 Rodina Hewedy	SO	Stockton	31.15m
25 Delaynee McLeod	SO	Susquehanna	27.17m
--- Dimitra Kossis	FR	Rowan	FOUL

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Adriana Straughter	SR	Geneseo	26.42 761
2 Katie Mullady	JR	Geneseo	26.62 744
3 Faye Stevens	FR	Vassar	26.72 735
4 Sydney Detky	JR	Elizabethtown	26.88 722
5 Emily Russell	SO	Farmingdale	26.98 713
6 Susanna Pirollo	JR	Alvernia	27.12 702
7 Emma Taggart	SO	Alfred State	27.44 676
8 Moriah Byrd	SO	Ithaca	27.64 659
9 Theresa Kervick	FR	Widener	27.91 638
10 Madison Howell	JR	Marywood	28.68 578
11 Bianca Durso	SO	Alfred	28.95 558
12 Madison Baker	SR	Brockport	29.70 503

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Susanna Pirollo	JR	Alvernia	2:23.13 781
2 Katie Mullady	JR	Geneseo	2:29.49 699
3 Adriana Straughter	SR	Geneseo	2:29.70 697
4 Theresa Kervick	FR	Widener	2:30.13 691
5 Emily Russell	SO	Farmingdale	2:33.69 647
6 Moriah Byrd	SO	Ithaca	2:35.09 630
7 Faye Stevens	FR	Vassar	2:35.19 629
8 Madison Baker	SR	Brockport	2:35.81 622
9 Bianca Durso	SO	Alfred	2:36.05 619
10 Sydney Detky	JR	Elizabethtown	2:44.29 525
11 Emma Taggart	SO	Alfred State	2:46.20 504
12 Madison Howell	JR	Marywood	2:52.78 435

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Adriana Straughter	SR	Geneseo	14.92 852
2 Susanna Pirollo	JR	Alvernia	15.26 808
3 Emma Taggart	SO	Alfred State	15.63 760
4 Moriah Byrd	SO	Ithaca	15.93 723
5 Katie Mullady	JR	Geneseo	16.81 618
6 Madison Baker	SR	Brockport	16.92 606
7 Faye Stevens	FR	Vassar	16.99 598
8 Madison Howell	JR	Marywood	17.04 592
9 Emily Russell	SO	Farmingdale	17.15 580
10 Sydney Detky	JR	Elizabethtown	17.48 543
11 Bianca Durso	SO	Alfred	17.86 503
12 Theresa Kervick	FR	Widener	18.56 432

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Heptathlon: #2 Women High Jump Heptathlon

	Name	Yr	School	Finals
Finals				
1	Adriana Straughter	SR	Geneseo	1.61m 747
2	Katie Mullady	JR	Geneseo	1.55m 678
2	Sydney Detky	JR	Elizabethtown	1.55m 678
2	Emma Taggart	SO	Alfred State	1.55m 678
5	Emily Russell	SO	Farmingdale	1.52m 644
5	Susanna Pirolo	JR	Alvernia	1.52m 644
5	Bianca Durso	SO	Alfred	1.52m 644
8	Faye Stevens	FR	Vassar	1.46m 577
8	Theresa Kervick	FR	Widener	1.46m 577
10	Madison Howell	JR	Marywood	1.40m 512
10	Madison Baker	SR	Brockport	1.40m 512
10	Moriah Byrd	SO	Ithaca	1.40m 512

Heptathlon: #5 Women Long Jump Heptathlon

	Name	Yr	School	Finals
Finals				
1	Susanna Pirolo	JR	Alvernia	5.17m 606
2	Katie Mullady	JR	Geneseo	5.16m 603
3	Adriana Straughter	SR	Geneseo	5.09m 584
4	Faye Stevens	FR	Vassar	5.06m 576
5	Emily Russell	SO	Farmingdale	4.90m 532
6	Moriah Byrd	SO	Ithaca	4.88m 527
7	Theresa Kervick	FR	Widener	4.71m 482
8	Emma Taggart	SO	Alfred State	4.67m 472
9	Bianca Durso	SO	Alfred	4.57m 446
10	Sydney Detky	JR	Elizabethtown	4.52m 433
11	Madison Howell	JR	Marywood	4.21m 357
12	Madison Baker	SR	Brockport	4.01m 310

Heptathlon: #3 Women Shot Put Heptathlon

	Name	Yr	School	Finals
Finals				
1	Moriah Byrd	SO	Ithaca	11.55m 631
2	Emily Russell	SO	Farmingdale	11.47m 626
3	Emma Taggart	SO	Alfred State	10.75m 579
4	Susanna Pirolo	JR	Alvernia	10.08m 535
5	Katie Mullady	JR	Geneseo	9.41m 491
6	Theresa Kervick	FR	Widener	8.70m 445
7	Adriana Straughter	SR	Geneseo	8.41m 426
8	Bianca Durso	SO	Alfred	8.40m 425
9	Madison Baker	SR	Brockport	8.26m 416
10	Madison Howell	JR	Marywood	7.63m 375
11	Sydney Detky	JR	Elizabethtown	7.44m 363
12	Faye Stevens	FR	Vassar	7.29m 354

Heptathlon: #6 Women Javelin Throw Heptathlon

	Name	Yr	School	Finals
Finals				
1	Moriah Byrd	SO	Ithaca	33.26m 538
2	Susanna Pirolo	JR	Alvernia	31.28m 501
3	Emily Russell	SO	Farmingdale	27.62m 432

4	Faye Stevens	FR	Vassar	27.20m 424
5	Theresa Kervick	FR	Widener	26.84m 417
6	Bianca Durso	SO	Alfred	24.78m 378
7	Madison Baker	SR	Brockport	23.56m 355
8	Sydney Detky	JR	Elizabethtown	23.14m 347
9	Adriana Straughter	SR	Geneseo	22.69m 339
10	Katie Mullady	JR	Geneseo	22.55m 336
11	Madison Howell	JR	Marywood	22.08m 328
12	Emma Taggart	SO	Alfred State	18.04m 253

Women Heptathlon

Meet Record: 4937 M 5/5/2017 **Kylee Bartlett**

	Name	Yr	School	Finals
Finals				
1	Susanna Pirolo	JR	Alvernia	4577
2	Adriana Straughter	SR	Geneseo	4406
3	Moriah Byrd	SO	Ithaca	4220
4	Emily Russell	SO	Farmingdale	4174
5	Katie Mullady	JR	Geneseo	4169
6	Emma Taggart	SO	Alfred State	3922
7	Faye Stevens	FR	Vassar	3893
8	Theresa Kervick	FR	Widener	3682
9	Sydney Detky	JR	Elizabethtown	3611
10	Bianca Durso	SO	Alfred	3573
11	Madison Baker	SR	Brockport	3324
12	Madison Howell	JR	Marywood	3177

Men 100 Meter Dash

Meet Record: 10.49 M 5/20/2021 **Naquille Harris**

	Name	Yr	School	Prelims
Preliminaries				
1	Naquille Harris	FR	SUNY Delhi	M 10.37Q1.2
2	Jah'mere Beasley	FR	Rowan	10.68Q0.9
3	Olivier Kothor	SR	Brockport	10.78Q0.9
4	Daijon Richards	SO	Utica	10.79Q2.3
5	Kelly Brown	SO	Brockport	10.88Q0.4
6	Myron Holland	SO	Elizabethtown	10.76q 1.2
7	Eric Stehlik	SO	PSU-Behrend	10.86q 2.3
8	Conrad Say	SO	Johns Hopkin	10.86q 2.3
9	Carson Latham	FR	Stockton	10.87 1.2
10	Julian Pratt	SR	Rowan	10.87 0.9
11	Aidan Burns	SO	Stockton	10.89 0.9
12	Josh Washington	SO	Utica	10.92 0.9
13	Justin Gomez	FR	TCNJ	10.93 2.3
14	Robert McKinney	FR	Rowan	10.94 2.3
15	Alexander Halkias	JR	Carnegie Mellon	10.95 0.4
16	Chris Ganley	SO	Oneonta	10.95 0.9
17	Brexton Montville	SO	Plattsburgh	10.98 0.9
18	Noah Zeigler	FR	Marywood	10.99 0.9
19	Bryan Jacobs	SO	Geneseo	11.00 0.9
20	Kenyon Fenderson	SO	Ramapo	11.00 1.2
21	Thomas Domozych	SO	TCNJ	11.04 0.4
22	Joshua Harmsen	JR	Hamilton	11.05 2.3
23	Mitchell Lienert	SO	Rochester	11.08 0.9
24	Trevor Gray	FR	Moravian	11.12 0.9

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	Name	Yr	School	Prelims
25	Raymond Schmitt	FR	TCNJ	11.13 0.9
26	Anthony D'Adetta	SO	Ithaca	11.13 0.4
27	Evan Ellington	JR	Hood	11.14 0.4
28	Eric Nieves	SO	Oneonta	11.16 1.2
29	Jarod Cipriano	JR	Misericordia	11.18 0.4
30	Isaiah Arzu	FR	Rowan	11.19 0.9
31	Sam Ahern	FR	Union (N.Y.)	11.23 0.4
32	Emmanuel Douge	FR	St. Mary's (Md.)	11.26 0.9
33	Neil Peters	JR	Alfred	11.30 1.2
34	Jeremiah Williams	JR	Stevenson	11.31 1.2
35	Michael Campbell	SO	Utica	11.31 2.3

Men 100 Meter Dash

Meet Record: 10.49 M 5/20/2021 Naquille Harris

	Name	Yr	School	Finals
Finals				
1	Naquille Harris	FR	SUNY Delhi	10.35MI.0
2	Jah'mere Beasley	FR	Rowan	10.65 1.0
3	Daijon Richards	SO	Utica	10.77 1.0
4	Kelly Brown	SO	Brockport	10.77 1.0
5	Myron Holland	SO	Elizabethtown	10.80 1.0
6	Eric Stehlik	SO	PSU-Behrend	10.98 1.0

Men 200 Meter Dash

Meet Record: 21.10 M 5/20/2021 Naquille Harris

	Name	Yr	School	Finals
Finals				
1	Naquille Harris	FR	SUNY Delhi	21.07MI.1
2	Jah'mere Beasley	FR	Rowan	21.35 1.1
3	Cameron Summers	JR	Stevenson	21.53 1.1
4	Alexander Halkias	JR	Carnegie Mellon	21.65 1.1
5	Andy Frank	JR	Ithaca	21.77 2.3
6	Devante Greene	FR	Stockton	21.81 1.8
7	Nana Agyemang	FR	Rowan	21.88 1.1
8	Brexton Montville	SO	Plattsburgh	21.92 2.3
9	Mitchell Lienert	SO	Rochester	21.99 1.8
10	Eric Stehlik	SO	PSU-Behrend	22.00 1.8
11	Tyler Scott	FR	TCNJ	22.02 2.3
12	Robert McKinney	FR	Rowan	22.06 2.3
13	Aidan Burns	SO	Stockton	22.06 1.8
14	Jason Rappazzo	JR	Geneseo	22.11 2.3
15	Carson Latham	FR	Stockton	22.22 1.1
16	Ian Dyson	JR	Susquehanna	22.28 1.8
17	Brett Schuett	JR	TCNJ	22.56 0.3
18	Andrew Fox	SR	Union (N.Y.)	22.57 0.3
19	Kenyon Fenderson	SO	Ramapo	22.66 0.3
20	P.J. London	FR	Rochester	22.69 0.3
21	Mickenson Simon	FR	SUNY Delhi	22.70 0.3
22	Sam Ahern	FR	Union (N.Y.)	22.79 1.8
23	Chris Ganley	SO	Oneonta	22.94 1.8
24	Lukas D'Alfonso	JR	Geneseo	23.55 1.8

Men 400 Meter Dash

Meet Record: 47.36 M 1984 Kirk Dixon

	Name	Yr	School	Finals
Finals				
1	Cheickna Traore	SO	Ramapo	46.89M
2	Josh Jeffes	FR	SUNY Delhi	48.01
3	Coltrane Goring	SO	Cortland	48.16
4	Kieran Sheridan	JR	Geneseo	48.25
5	Amara Conte	FR	Rowan	48.31
6	Andrew Lodge	SO	TCNJ	48.49
7	Samuel Knowles	FR	Widener	48.85
8	Andy Frank	JR	Ithaca	49.30
9	Brett Schuett	JR	TCNJ	49.53
10	Michael Cai	SR	Carnegie Mellon	49.86
11	Kyle Dunbar	SO	DeSales	49.87
12	Douglas Knapp	SO	Cortland	49.97
13	Otto Wilson	SR	RIT	50.13
14	Jai Raccioppi	SO	Stevenson	50.33
15	Jason Engler	SO	TCNJ	50.39
16	Sebastian Cortes	SR	Montclair State	50.67
17	Andrew Fox	SR	Union (N.Y.)	51.28

Men 800 Meter Run

Meet Record: 1:48.72 M 2008 Peter Kosgei

	Name	Yr	School	Finals
Finals				
1	Timothy Boyce	FR	St. Lawrence	1:50.76
2	Alex Ivanov	SO	Carnegie Mellon	1:51.11
3	Iddriss Iddriss	SR	Stevenson	1:51.80
4	Joey Bujdos	JR	St. Vincent	1:53.66
5	Tim Patterson	SO	St. Vincent	1:54.35
6	Alex Amoia	SR	TCNJ	1:54.78
7	Alec Di Cesare	FR	Lebanon Valley	1:55.14
8	Luke Jarski	SO	Oneonta	1:55.15
9	David Soto	JR	Cortland	1:55.17
10	Kody Klein	FR	PSU-Behrend	1:55.42
11	Peter Gingrich	SR	Moravian	1:55.44
12	Roman Rychkov	SO	TCNJ	1:55.62
13	Clayton Santiago	JR	Cortland	1:55.73
14	Nick Markle	SO	Brockport	1:55.85
15	Brett Asay	SR	NYU	1:55.92
16	Daniel Ford	SO	Rochester	1:56.02
17	Tucker McGrath	SO	Ursinus	1:56.12
18	Jon Diaz	JR	NYU	1:56.18
19	Sean Burtnett	SO	TCNJ	1:56.26
20	Benjamin Neff	FR	Union (N.Y.)	1:56.44
21	Dominic DeRafelo	SR	Moravian	1:56.46
22	Julian Paul	FR	Washington & Jef	1:56.51
23	Tyler Greene	FR	Rowan	1:56.55
24	Matt Chaikowsky	FR	RIT	1:56.96
25	Benaleo Daniels	SR	Buffalo State	1:57.44
26	Tyler Laughery	SR	St. Vincent	1:57.46
27	Ryan Galiczynski	JR	Widener	1:57.49
28	Timothy Lanahan	SO	Scranton	1:57.82

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Finals ... (Men 800 Meter Run)

	Name	Yr	School	Finals
29	Cameron Szabo	SO	Cortland	1:57.93
30	Emmanuel Rodriguez Jr.	FR	Alvernia	1:58.32
31	Alex Whatley	JR	Ithaca	1:58.38
32	Valdis Slokenbergs	FR	Johns Hopkin	1:58.41
33	Matthew Cortez	FR	Ramapo	1:58.75
---	Arthur Beyer	SR	Johns Hopkin	DNF

Men 1500 Meter Run

Meet Record: 3:49.18 M 1984 Dave Elster

	Name	Yr	School	Finals
Finals				
1	Aleksei Seletskiy	FR	Carnegie Mellon	3:47.65M
2	Colin McLaughlin	FR	Carnegie Mellon	3:49.91
3	Arthur Beyer	SR	Johns Hopkin	3:50.06
4	Jonathan Zavala	FR	Brockport	3:53.24
5	Kevin Lauer	SO	Rowan	3:53.44
6	Jacob Riley	FR	Rowan	3:53.90
7	Timothy Lanahan	SO	Scranton	3:54.65
8	Michael Rodriguez	FR	TCNJ	3:55.32
9	Eamon Brady	FR	Carnegie Mellon	3:55.51
10	Erik Ackerman	FR	Stockton	3:56.87
11	Jackson Hamilton	FR	St. Lawrence	3:57.31
12	Jack Baronski	FR	Marywood	3:57.63
13	Jason Richwall	SR	Rowan	3:57.67
14	Brandon Baxter	SO	Elizabethtown	3:57.90
15	Cameron Szabo	SO	Cortland	3:58.11
16	David Soto	JR	Cortland	3:58.36
17	Gibran-Marc Mourani	SR	Vassar	3:58.86
18	Shane Artis	SO	DeSales	3:59.27
19	Tyler Balas	SR	TCNJ	3:59.62
20	Aleksei Bingham	SR	RIT	3:59.69
21	Cooper Knorr	JR	Stockton	3:59.78
22	Mark Koerner	SO	TCNJ	4:01.52
23	Jake Aylmer	SO	Stevens	4:02.48
24	Bryce Thalheimer	JR	Johns Hopkin	4:04.00
25	Jack Warehime	JR	Susquehanna	4:06.20
26	Jonthomas Bierman	SO	Oneonta	4:19.25
---	Vince Ferrizzi	SO	Lebanon Valley	DNF

Men 5000 Meter Run

Meet Record: 14:34.09 M 1984 Marc Gosselin

	Name	Yr	School	Finals
Finals				
1	Tim Patterson	SO	St. Vincent	14:44.73
2	Matthew Coyle	FR	Carnegie Mellon	14:49.65
3	Justin Kelly	SO	Rowan	14:50.04
4	Andrew Harrell	JR	Hamilton	14:53.29
5	Daniel DeZutter	SO	RIT	14:56.25
6	Giancarlo Vega	FR	Rowan	15:07.77
7	Matthew Conway	FR	Rowan	15:08.10
8	Nicholas Lyon	SR	Hamilton	15:12.28
9	Nathan Bowers	JR	Nazareth	15:15.68
10	Owen Nahf	FR	Moravian	15:16.38

11	Jason Mercado	SO	Ramapo	15:16.98
12	Connor McBride	SO	Rowan	15:18.98
13	Jeffrey Stewart	SO	Rowan	15:26.87
14	Johnathan Dean	SR	Vassar	15:27.75
15	Noah Griffin	JR	Lebanon Valley	15:27.88
16	Matt Santacoloma	JR	DeSales	15:28.38
17	Jesse Wun	SR	Ursinus	15:32.58
18	Kyle Navalance	SR	Stockton	15:36.96
19	Ryan Russell	FR	Union (N.Y.)	15:38.26
20	James Hughes	FR	Ithaca	15:39.49
21	Sam Tenebaum	SO	Stockton	15:41.74
22	Matthew Coleman	FR	St. Lawrence	15:49.39
23	Zach Spergel	SO	Rochester	16:05.01
24	Phoenix Myers	FR	PSU-Behrend	16:10.16
25	Brock Pennington	FR	Washington & Jef	16:10.23
---	Adam Abushanab	FR	Rutgers-Newark	DNF
---	Eamonn Sullivan	FR	SUNY Cobleskill	DNF

Men 10000 Meter Run

Meet Record: 30:25.80 M 1988 John Trowse

	Name	Yr	School	Finals
Finals				
1	Steven Fiumefreddo	JR	Ramapo	30:28.99
2	Jack Casalino	SR	Vassar	30:50.51
3	Miles Takiguchi	JR	Vassar	30:54.99
4	Hassan Eissa	JR	RIT	31:08.56
5	John Balk Jr.	SO	Oneonta	31:46.38
6	Shane Vostenak	FR	Rowan	31:46.44
7	Chase Miller	SO	TCNJ	32:09.70
8	Matthew Taylor	FR	St. Lawrence	32:22.21
9	Nathan Hajel	FR	Moravian	32:28.28
10	Dave Russo	SO	Houghton	32:29.02
11	Marcos Maciel	SR	Ursinus	32:29.80
12	Nick Gaitanis	SO	Rochester	32:30.04
13	Ted Tomasello	SO	Fredonia	32:30.50
14	Michael Skutt	FR	St. Lawrence	32:33.80
15	Matt Reimann	SO	Nazareth	32:44.27
16	Jason Muermann	SR	Rowan	32:48.20
17	Ethan Billings	SO	St. John Fis	32:48.51
18	Nathan Couse	SR	Oswego	33:08.74
19	Matthew Wacker	JR	Alvernia	33:18.39
20	Adam Wolfe	SR	Elizabethtown	33:21.20
21	Dillon Bell	SO	Houghton	33:27.63
22	John Sabella	SR	Susquehanna	33:32.43
23	Miguel Vera	FR	Rowan	34:10.17
24	Michael Bond	JR	TCNJ	34:45.51
---	Michael Roberts	SO	Utica	DNF
---	George Gowdy	FR	St. Lawrence	DNF
---	Noah Cziryak	JR	Rowan	DNF

Men 110 Meter Hurdles

Meet Record: 14.2h M 1992 Jeff York

	Name	Yr	School	Prelims
Preliminaries				
1	Marquise Young	SO	Rowan	14.55Q1.7

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Preliminaries ... (Men 110 Meter Hurdles)

Name	Yr	School	Prelims
2 Brett Morse	SO	Cortland	14.56Q+0.0
3 Aaron Jones	SO	Cortland	14.60Q0.9
4 Nate Oczkowski	JR	Ithaca	14.94Q0.1
5 Blake Burns	FR	PSU-Behrend	15.24q 0.9
6 Alec Mabie	SR	Ramapo	15.28q 1.7
7 Erik Geier	FR	St. Lawrence	15.32q 1.7
8 Peter Brodnik	JR	Rochester	15.36q 0.1
9 Ben Bulger	FR	Susquehanna	15.37 0.9
10 Connor McCauslin	JR	Nazareth	15.38 +0.0
11 Kaleb Luton	JR	Nazareth	15.54 0.1
12 Cameryn Martin	JR	Montclair State	15.57 0.1
13 Mathew Masser	SO	Susquehanna	15.62 1.7
14 Ezra Miller	FR	Susquehanna	15.64 +0.0
15 Brendan Style	FR	Geneseo	15.65 1.7
16 Ian Baughman	FR	Washington & Jef	15.68 0.9
17 Anand Bhambhwani	FR	PSU-Behrend	15.68 0.9
18 Matthew Doerner	JR	RIT	15.86 1.7
19 Rodney Jerome	SR	Farmingdale	15.87 0.1
20 Greg Copeland	FR	Stockton	16.14 +0.0
21 Derek Walter	JR	Alfred State	16.27 1.7
22 Daniel Murtha	FR	Lebanon Valley	16.38 0.1
--- George Thompson	SO	Marywood	FS +0.0

Men 110 Meter Hurdles

Meet Record: 14.2h M 1992 **Jeff York**

Name	Yr	School	Finals
Finals			
1 Marquise Young	SO	Rowan	14.37 1.2
2 Brett Morse	SO	Cortland	14.38 1.2
3 Nate Oczkowski	JR	Ithaca	14.88 1.2
4 Blake Burns	FR	PSU-Behrend	15.17 1.2
5 Alec Mabie	SR	Ramapo	15.24 1.2
6 Peter Brodnik	JR	Rochester	15.40 1.2
7 Erik Geier	FR	St. Lawrence	15.81 1.2
--- Aaron Jones	SO	Cortland	DNF 1.2

Men 400 Meter Hurdles

Meet Record: 50.95 M 5/17/2018 **Peter Girardi**

Name	Yr	School	Finals
Finals			
1 Nate Oczkowski	JR	Ithaca	52.45
2 John Owens	JR	Rowan	52.86
3 Grant Johnson	SR	Carnegie Mellon	52.94
4 Lance Jensen	SO	Geneseo	52.94
5 Kevin Sommer	SO	Johns Hopkin	53.25
6 Treshan Stevenson	FR	Rowan	53.35
7 Gabe Lundy	JR	Rochester	53.49
8 Andrew McGovern	SO	Carnegie Mellon	53.75
9 John Goldszer	SO	Geneseo	53.87
10 Marquise Young	SO	Rowan	54.53
11 Stephen Hoare	SO	Geneseo	54.57
12 Elias Boussouf	JR	Johns Hopkin	54.81
13 Joe Devito	FR	Rowan	54.93

14 John Ruggio	SO	St. John Fis	55.42
15 Max Dubac	JR	Ramapo	55.48
16 Brendan Style	FR	Geneseo	55.63
17 Aidan Harrington	SO	Oswego	55.98
18 Vance Thelemaque	FR	Montclair State	56.06
19 Cory Boyer	JR	Grove City	56.11
20 Ian Baughman	FR	Washington & Jef	56.12
21 Ben Bulger	FR	Susquehanna	56.22
22 Derek Walter	JR	Alfred State	56.54
23 Brandon Zimmerman	FR	Susquehanna	57.05
24 George Thompson	SO	Marywood	57.11
25 Joseph Stocken	SR	Farmingdale	57.26
26 Ryan Benedict	SO	Marywood	57.34
27 Jack Howard	SO	Houghton	57.35
28 Bryan Ivey	JR	Geneseo	57.49
29 Tyler Brado	SR	SUNY Cobleskill	57.52
30 Mathew Masser	SO	Susquehanna	58.07
31 Ezra Miller	FR	Susquehanna	58.51
32 Max Stein	FR	RIT	58.53
33 Mason Jolivet	FR	Ursinus	59.11
34 Logan Grauer	JR	Lebanon Valley	59.85

Men 3000 Meter Steeplechase

Meet Record: 9:00.82 M 2011 **Brian Lang**

Name	Yr	School	Finals
Finals			
1 Stuart Gruters	JR	TCNJ	9:10.52
2 Elijah Sech	JR	Carnegie Mellon	9:10.66
3 David Durdaller	SO	Carnegie Mellon	9:12.56
4 Ryan Mitchell	SO	Geneseo	9:17.59
5 Paul Suflita	SR	Brockport	9:20.37
6 Michael Verde	JR	Cortland	9:20.75
7 Aidan Mayer	SO	Vassar	9:23.46
8 Cade Eells	FR	Nazareth	9:29.69
9 Thomas Kressly	SO	Brockport	9:33.77
10 Nicholas Garrett	JR	Elizabethtown	9:37.52
11 Brandon Jarrett	FR	Rowan	9:38.39
12 Max Hughes	JR	Rochester	9:46.14
13 Ronnie Melao	SO	Stevens	9:46.22
14 Nathaniel Brunacini	SR	Rochester	9:46.98
15 Keith Vantuono	SO	Rowan	9:50.14
16 Matthew Abell	FR	St. Lawrence	9:51.74
17 Bryce Maopolski	SO	Oneonta	9:52.17
18 Eamonn Sullivan	FR	SUNY Cobleskill	9:56.82
19 Charles Canero	FR	Geneseo	10:01.53
20 Anthony Roselli	FR	Alvernia	10:13.14
21 Christopher Burgenson	SR	Hood	10:14.52
22 Shane Houghton	SR	Moravian	10:17.46

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Men 4x100 Meter Relay

Meet Record: 41.24 M 5/17/2018 Rowan

J Pratt, S Jones, S Mumford, J Ramirez

Team	Relay	Finals
Finals		
1 Rowan		41.41
1) John Owens JR	2) Robert McKinney FR	
3) Jah'mere Beasley FR	4) Nana Agyemang FR	
2 Geneseo		41.58
1) Bryan Jacobs SO	2) Lance Jensen SO	
3) Jason Rappazzo JR	4) Lukas D'Alfonso JR	
3 Cortland		41.66
1) Zashon Abrams FR	2) Brett Morse SO	
3) Coltrane Goring SO	4) Aaron Jones SO	
4 Brockport		41.76
1) Kelly Brown SO	2) Olivier Kothor SR	
3) Matthew Kilian SR	4) Josh Jeziorski SO	
5 TCNJ		42.01
1) Thomas Domozych SO	2) Justin Gomez FR	
3) Tyler Scott FR	4) Raymond Schmitt FR	
6 Stockton		42.18
1) Devante Greene FR	2) Carson Latham FR	
3) Ryan Fisher FR	4) Aidan Burns SO	
7 Utica		42.27
1) Ka'Sean Watlington SR	2) Josh Washington SO	
3) Michael Campbell SO	4) Daijon Richards SO	
8 Susquehanna		42.45
1) Jonathon White SR	2) Isaiah Blatt JR	
3) Ian Dyson JR	4) Brandon Zimmerman FR	
9 Moravian		42.53
1) Marco Calantoni SO	2) Trevor Gray FR	
3) Owen Sabastro FR	4) Jared Santos SO	
10 Alfred		42.89
1) John Wendt SO	2) Steven Jackson SR	
3) Papa Dioum SR	4) Neil Peters JR	
11 Muhlenberg		42.90
1) Trevor Hitchcock SO	2) Ben Arehart SR	
3) Scott Grigas SR	4) Russell Neuwirth JR	
12 Widener		42.92
1) Michael John JR	2) Omaji Odey JR	
3) Salekri Sayeh SO	4) Samuel Knowles FR	
13 Rochester		43.10
1) Peter Brodnik JR	2) Mitchell Lienert SO	
3) P.J. London FR	4) Manny Eribo FR	
14 Oneonta		43.20
1) Eric Nieves SO	2) Chris Ganley SO	
3) Alec Weiss SO	4) Luke Jarski SO	
15 PSU-Behrend		43.24
1) Anand Bhambhwani FR	2) Blake Burns FR	
3) Eric Stehlik SO	4) Samuel Hetrick FR	
16 Alfred State		43.25
1) Ryan Henderson FR	2) Zach Rudewicz-Nepokroeff JR	
3) Cameron Howard SR	4) Esaias Brumfield JR	

17 RIT		43.30
1) Trenton Goyette FR	2) Justin Jantzi SO	
3) Brenden McBride FR	4) Benjamin Sheehan FR	
18 Elizabethtown		43.34
1) Jalen Belgrave JR	2) Evan Schwab JR	
3) Simon Burleson SO	4) Myron Holland SO	
19 Marywood		43.42
1) Noah Zeigler FR	2) George Thompson SO	
3) Ryan Benedict SO	4) Noah Schock JR	
20 St. John Fisher		43.87
1) Curtis Cuvilly JR	2) Trenton Wynn JR	
3) Brady Bishop FR	4) Jonah Dean JR	
21 Lehman		44.78
1) Obinna Njoku II FR	2) Kuron Williams SR	
3) Keyshawn Peterson FR	4) Jayden Fernandez FR	
--- Lebanon Valley		DNF
1) Logan Grauer JR	2) Owen Linder FR	
3) Daniel Murtha FR	4) Owen Buhr JR	

Men 4x400 Meter Relay

Meet Record: 3:13.97 M 5/15/2019 NYU

D Devine, J Montilus, B Asay, M Montilus

Team	Relay	Finals
Finals		
1 Ursinus		3:13.62M
1) Daniel Tabor JR	2) Devon Greaves SO	
3) Payton Stanziani JR	4) Tyler Reilly SR	
2 Ramapo		3:13.82M
1) Kenyon Fenderson SO	2) Cheickna Traore SO	
3) Max Dubac JR	4) Matthew Cortez FR	
3 TCNJ		3:14.74
1) Brett Schuett JR	2) Tyler Scott FR	
3) Jason Engler SO	4) Roman Rychkov SO	
4 Stevenson		3:16.11
1) Jai Raccioppi SO	2) Cameron Summers JR	
3) Ritchie Case SR	4) Idriss Idriss SR	
5 RIT		3:19.64
1) Trenton Goyette FR	2) Justin Jantzi SO	
3) Otto Wilson SR	4) Matthew Skakal SR	
6 Stockton		3:20.42
1) Ryan Fisher FR	2) Devante Greene FR	
3) Greg Lordi FR	4) Donnie Scott FR	
7 Susquehanna		3:21.21
1) Jake Newell JR	2) Elliott Davis FR	
3) Jonathon White SR	4) Brandon Zimmerman FR	
8 Nazareth		3:22.17
1) Mike Welch JR	2) Ben Lewis FR	
3) Patrick Healy SR	4) Matt Johnson SR	
9 Montclair State		3:25.91
1) Roshaun Wilson SR	2) Samael Milevoix FR	
3) Marcus Lennon SR	4) Sebastian Cortes SR	
10 Ithaca		3:29.42
1) Zach Woodruff SR	2) Alex Whatley JR	
3) Ian Ertel JR	4) Conor Ryan SO	

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Men 4x800 Meter Relay

Meet Record: 7:39.69 M 2008

St. Lawrence

Team	Relay	Finals
Finals		
1 Brockport		7:49.09
1) Nick Markle SO	2) Paul Suflita SR	
3) Thomas Kressly SO	4) Jonathan Zavala FR	
2 Moravian		7:52.86
1) Peter Gingrich SR	2) Dominic DeRafelo SR	
3) Casey Frank SO	4) Brad Clemson SR	
3 Union (N.Y.)		7:54.69
1) Charles Alekson SO	2) Aiden Rowley JR	
3) Ben Trantanello SO	4) Benjamin Neff FR	
4 Elizabethtown		7:56.30
1) Grant Kuhn SO	2) Andrew Reice FR	
3) Brandon Baxter SO	4) Colin Elliott SR	
5 Susquehanna		7:56.70
1) Joshua Kimotho FR	2) Bradshaw Henning JR	
3) Kareem Beck FR	4) Jack Warehime JR	
6 Rowan		7:57.62
1) Tyler Greene FR	2) Peter Argerakis SO	
3) Jason Richwall SR	4) Jacob Riley FR	
7 Marywood		7:59.55
1) Michael Kelly JR	2) Thomas Lee FR	
3) Nathan Skrutski SR	4) Jack Baronski FR	
8 Nazareth		8:01.79
1) Patrick Healy SR	2) Ethan Kenyon FR	
3) Kenny Williams SO	4) Lucas Sharron JR	
9 Stockton		8:03.52
1) Colin Hueston SO	2) Cooper Knorr JR	
3) Joseph deBeaumont FR	4) Clayton Engle FR	
10 Washington & Jef		8:04.64
1) Brock Pennington FR	2) Jake Sinclair FR	
3) Clay Yeager FR	4) Julian Paul FR	
11 Lebanon Valley		8:06.39
1) Andrew Loy SO	2) Alec Di Cesare FR	
3) Caleb Scarborough FR	4) Vince Ferrizzi SO	
12 St. John Fisher		8:07.12
1) Ryan Allen SR	2) Tony DiRubbo SO	
3) Ryan English SR	4) Myles Andersen JR	
13 PSU-Behrend		8:11.25
1) Aidan Domencic FR	2) Kody Klein FR	
3) Zac Tingley JR	4) Phoenix Myers FR	
14 St. Lawrence		8:20.91
1) Michael Skutt FR	2) Matthew Abell FR	
3) Timothy Boyce FR	4) Jackson Hamilton FR	
15 Ramapo		8:21.81
1) Michael Mohr FR	2) George Losche FR	
3) Ryan Scully FR	4) Eduardo Cermeno JR	
16 TCNJ		8:23.61
1) John Raisley JR	2) Dan Sullivan SO	
3) Michael Brown FR	4) Sean Burtnett SO	

17 Oswego		8:30.22
1) Jack Hickey SO	2) Andrew Deming FR	
3) Christopher Dorney JR	4) Matthew Pietzak SO	
18 Montclair State		8:31.15
1) Sebastian Ruiz SO	2) Ty Barfield SR	
3) Alex Caramelli FR	4) Patrick Tuohey SR	
19 Alfred		8:42.59
1) Chris Mayo SR	2) Kyle Jenkins SR	
3) Noam Sokolovsky FR	4) Kevin Flint SO	
20 Lehman		9:25.00
1) Jayden Fernandez FR	2) Kemar Anderson FR	
3) Obinna Njoku II FR	4) Musa Mazreku FR	

Men High Jump

Meet Record: 2.24m M 1985

Kym Orr

Name	Yr	School	Finals
Finals			
1 Kyle Rollins	SR	St. John Fis	2.05m
2 Bryce Ellinger	SO	Susquehanna	1.97m
3 Valiant McKee	JR	Widener	1.97m
4 Adonis McGee	FR	Rowan	1.92m
4 Samuel Hetrick	FR	PSU-Behrend	1.92m
6 Tyler Brado	SR	SUNY Cobleskill	1.92m
7 Earnest Daniel	JR	Rowan	1.92m
7 Ben Arehart	SR	Muhlenberg	1.92m
9 Zachary Crebbin	SR	Ursinus	1.87m
9 Tyler Hulse	JR	RIT	1.87m
11 Trey Rolle	FR	Ursinus	1.87m
11 Sean Cochrane	SO	St. John Fis	1.87m
13 Collin Snyder	JR	Buffalo State	1.87m
14 Soham Kolli	SO	Rowan	1.87m
15 Mitchell Porter	JR	Johns Hopkin	1.87m
15 Declan Fricko	FR	Washington & Jef	1.87m
17 Anand Bhambhwani	FR	PSU-Behrend	1.82m
17 Jesse Johnson	SR	Alfred State	1.82m
--- Brady Smith	JR	PSU-Behrend	NH

Men Pole Vault

Meet Record: 5.07m M 2011

Mike Dempsey

Name	Yr	School	Finals
Finals			
1 Keith Holland	SR	Stockton	4.85m
2 Dominic Mikula	JR	Ithaca	4.80m
3 Zachary Nyhart	SO	Cortland	4.70m
4 Isaiah Blatt	JR	Susquehanna	4.70m
5 Nicholas John	SR	RIT	4.70m
6 Shaun Herlihy	FR	Ithaca	4.55m
7 Jason Tomaino	FR	Rowan	4.55m
7 Brendan Sheehan	SO	Ithaca	4.55m
9 Keefer Goodspeed	SR	Susquehanna	4.40m
10 Brody Myers	FR	Ursinus	4.40m
11 Callum Howald	JR	Ithaca	4.25m
11 Ryan Festa	FR	PSU-Behrend	4.25m
13 Josh Pomerleau	SR	Nazareth	4.25m
13 Matthew Carter	JR	Stockton	4.25m

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Finals ... (Men Pole Vault)

	Name	Yr	School	Finals
13	Nick LaChut	SO	PSU-Behrend	4.25m
---	Max Schuman	SR	Moravian	NH
---	Dane Sorensen	JR	Cortland	NH
---	Joseph Morales	FR	Stockton	NH
---	Eric Byrne	FR	Rowan	NH
---	Chris Filatov	FR	SUNY Delhi	NH

Men Long Jump

Meet Record: 7.55m M 5/16/2019 George Alexandris

	Name	Yr	School	Finals
Finals				
1	Varun Narayan	SO	Carnegie Mellon	7.36m -0.4
2	Nana Agyemang	FR	Rowan	7.32m 0.1
3	Matthew Su	SR	Johns Hopkin	7.25m 1.4
4	Owen Bianchi	SO	Johns Hopkin	7.22m 1.8
5	Anthony DiMauro	SR	Montclair State	7.22m 1.5
6	Ka'Sean Watlington	SR	Utica	7.19m 1.6
7	Josh Jeziorski	SO	Brockport	7.10m 0.8
8	Joshua Feldberg	JR	Geneseo	7.03m 0.5
9	Nate Sciarro	FR	Washington & Jef	6.98m +0.0
10	Justin Canedy	JR	Johns Hopkin	6.84m -0.4
11	Matthew Stasiw	SO	St. John Fis	6.83m +0.0
12	Bryan Jacobs	SO	Geneseo	6.76m 1.8
13	Saleh Eltayeb	SO	Hamilton	6.74m 0.7
14	Nas Muslim Dost	FR	Buffalo State	6.66m -0.7
15	Tyler Mitchell	JR	Sage	6.65m 1.0
16	Matthieu Brunelle	SO	Misericordia	6.60m 1.4
17	Benjamin Sheehan	FR	RIT	6.58m +0.0
18	Brandon Zimmerman	FR	Susquehanna	6.51m 1.0
19	John Panny	JR	Muhlenberg	6.43m +0.0
20	Raphael Abel	SR	RIT	6.39m -0.4
21	Kyle Lane	SO	Rochester	6.18m -0.7
22	Khaliel Burnett	FR	Rowan	6.13m 0.1

Men Triple Jump

Meet Record: 15.28m M 1971 Randy Smith

	Name	Yr	School	Finals
Finals				
1	Kyle Rollins	SR	St. John Fis	15.11m 0.2
2	Ahmir Johnson	FR	Rowan	14.30m 1.5
3	Owen Bianchi	SO	Johns Hopkin	14.03m 0.3
4	Amarian Hughes	SO	Cortland	13.93m -1.0
5	Ian Santiago	FR	Stockton	13.87m 1.1
6	Luke Blackwell	FR	Carnegie Mellon	13.87m 0.8
7	Jean-Andre Sassine	FR	Cortland	13.86m -0.4
8	Rendys Amilcar	SO	Rutgers-Newark	13.80m -0.2
9	John Panny	JR	Muhlenberg	13.76m 1.0
10	Sam Lorenzetti	FR	Rochester	13.60m 1.2
11	Matthieu Brunelle	SO	Misericordia	13.60m 2.5
12	Joshua Feldberg	JR	Geneseo	13.57m 0.2
13	Ivan Lopez-Testillano	JR	St. John Fis	13.55m -0.8
14	Keith Green	JR	Susquehanna	13.52m -0.1
15	Matt Johnson	SR	Nazareth	13.48m 1.0

16	Rakim Coyle	SO	Rowan	13.47m 0.5
17	Justin Canedy	JR	Johns Hopkin	13.34m -0.4
18	Nicholas Kruger	SO	Geneseo	13.32m -0.9
19	Aaron Davis	SO	Ithaca	13.31m 1.2
20	Mitchell Porter	JR	Johns Hopkin	12.88m +0.0
21	Evan Watt	SR	RIT	12.86m 0.7
22	Oliver Fideler	JR	NYU	12.47m 1.6
---	Khaliel Burnett	FR	Rowan	FOUL

Men Shot Put

Meet Record: 18.01m M 5/20/2021 Bram Miller

	Name	Yr	School	Finals
Finals				
1	Hunter Logan	SO	Utica	16.52m
2	Art Jordan	SR	Brockport	15.50m
3	Kevin Danaher	SR	Ithaca	15.31m
4	John Griffith	SO	Montclair State	15.23m
5	Matthew Funicelli	SR	RIT	15.16m
6	Shane Mastro	SR	Moravian	15.16m
7	Justin Showstead	JR	Ithaca	14.86m
8	Elek Ferency	JR	Muhlenberg	14.81m
9	Alden Littlefield	JR	Widener	14.59m
10	Bailey O'Malley	JR	Carnegie Mellon	14.26m
11	Matthew Murray	SR	DeSales	14.07m
12	Will Gross	JR	Stockton	14.07m
13	Timaul Williams	SR	Rutgers-Newark	14.07m
14	Matt Faulise	SR	Brockport	13.89m
15	Elijah Washington	SR	Brockport	13.85m
16	Tim King	SR	Moravian	13.67m
17	Stephen Daramola	FR	TCNJ	13.67m
18	James Parenti	JR	Grove City	13.64m
19	Luke Tobia	SR	Ithaca	13.58m
20	James O'Neill	SR	Rochester	13.58m
21	Arthur Bittel	JR	Utica	13.53m
22	Mike Carfagno	FR	Stockton	13.50m
23	Jacob Rose	FR	PSU-Behrend	13.50m
24	Tom Wood	FR	Ursinus	13.42m
25	John Demy	SR	Brockport	13.31m
26	Nick Gustafson	SO	Grove City	13.23m
27	Nick Galbraith	SR	Ursinus	13.16m
28	Vincent Zheng	FR	Oneonta	12.81m
29	Michael Saavedra	SR	Oswego	12.68m
30	Alex Rood	FR	Brockport	12.52m
31	Nathan Williams	SO	Stevenson	12.47m
32	Luke Schrank Garcia	FR	TCNJ	11.64m
---	John Coddington	FR	Sage	FOUL
---	Michael Mangual	JR	NYU	FOUL
---	Greg Cole-Allen	JR	Geneseo	FOUL

Men Discus Throw

Meet Record: 50.63m M 5/16/2019 DeAndre Fyffe

	Name	Yr	School	Finals
Finals				
1	Dylan Perlino	SR	Alfred State	52.82mM
2	Timaul Williams	SR	Rutgers-Newark	51.96mM

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Finals ... (Men Discus Throw)

	Name	Yr	School	Finals
3	Dan Dabrowski	FR	PSU-Behrend	50.92mM
4	John Griffith	SO	Montclair State	49.25m
5	Stephen Daramola	FR	TCNJ	47.48m
6	Zachary Mackiewicz	SO	TCNJ	47.45m
7	Ethan Carpenter	FR	St. Mary's (Md.)	46.77m
8	Kevin Danaher	SR	Ithaca	46.59m
9	Matthew Funicelli	SR	RIT	46.43m
10	Nathan Florian	JR	Utica	45.58m
11	Jared Ware	FR	Widener	44.49m
12	Devin Kipp	SR	Brockport	43.71m
13	Ian Bain	FR	Rowan	43.15m
14	Isaiah Battle	JR	Ursinus	43.08m
15	John Demy	SR	Brockport	42.42m
16	Will Gross	JR	Stockton	42.40m
17	James Parenti	JR	Grove City	42.39m
18	James O'Neill	SR	Rochester	42.14m
19	Shane Mastro	SR	Moravian	42.10m
20	Art Jordan	SR	Brockport	42.03m
21	Nathan Williams	SO	Stevenson	41.83m
22	Peter Stefos	SR	RIT	41.67m
23	Matt Ciminelli	SR	RIT	41.38m
24	Matt Muscolo	FR	Brockport	41.22m
25	Joseph Jerkovich	SR	St. John Fis	41.04m
26	Brendan Sheehan	SO	Ithaca	40.90m
27	Tyler Hauk	SO	Susquehanna	40.11m
28	Dylan DeMagistris	SO	Muhlenberg	40.03m
29	Dan Jenkins	SO	Moravian	39.68m
30	Adam Gildea	SO	Moravian	39.52m
31	Tim King	SR	Moravian	39.24m
32	Warlys Lizardo	JR	TCNJ	38.71m
33	Joshua Alvarez	JR	Montclair State	38.16m
34	Brandon Kuse	FR	TCNJ	36.86m
---	Antwan Kelly	SO	Utica	FOUL

Men Hammer Throw

Meet Record: 61.32m M 2011 Ja'Mar Watson

	Name	Yr	School	Finals
Finals				
1	Alex Kristeller	FR	Widener	62.39mM
2	Cody Breidenbach	FR	Carnegie Mellon	56.32m
3	Matthew Jackson	FR	Brockport	55.26m
4	Luke Tobia	SR	Ithaca	55.16m
5	Darren Wan	SR	Stockton	55.12m
6	Elijah Washington	SR	Brockport	54.44m
7	Matthew Funicelli	SR	RIT	53.24m
8	Dylan Perlino	SR	Alfred State	52.40m
9	Mitchell Makowski	JR	Cortland	50.91m
10	Nathan Williams	SO	Stevenson	50.88m
11	Dan Jenkins	SO	Moravian	50.71m
12	Nick Galbraith	SR	Ursinus	50.63m
13	Ryan Swavely	SR	Rochester	49.96m
14	Matt Faulise	SR	Brockport	49.78m
15	Aidan Hughes	SR	RIT	48.92m

16	Miles Moliterni	SO	Oneonta	48.86m
17	Sebastian Pross	SO	Ramapo	48.12m
18	Norberto Cervantes	SR	Oneonta	47.24m
19	Isaiah Battle	JR	Ursinus	47.03m
20	Timaul Williams	SR	Rutgers-Newark	46.86m
21	John Coddington	FR	Sage	45.90m
22	Nolan Ragland	SO	Rochester	45.33m
23	Tim Holzapfel	JR	Ursinus	43.99m
24	Ethan Carpenter	FR	St. Mary's (Md.)	41.65m
---	Bailey O'Malley	JR	Carnegie Mellon	FOUL
---	Greg Cole-Allen	JR	Geneseo	FOUL
---	Dylan DeMagistris	SO	Muhlenberg	FOUL

Men Javelin Throw

Meet Record: 62.95m M 2005 James Motzkin

	Name	Yr	School	Finals
Finals				
1	Damien Valentine	SR	Montclair State	59.61m
2	Ian Paul	FR	Lebanon Valley	57.44m
3	Justin Swavely	FR	Utica	57.35m
4	Noel House	SO	Muhlenberg	57.02m
5	Seth Ray	SR	Grove City	56.76m
6	Lukas Schubert - Brown	SR	Misericordia	55.63m
7	Zackary Smith	JR	Widener	55.56m
8	Julio Lebron	SO	Rowan	55.44m
9	Zach Kardos	JR	Elizabethtown	54.81m
10	DJ Mulroy	SR	Grove City	53.72m
11	Justin Showstead	JR	Ithaca	52.48m
12	Joseph Jerkovich	SR	St. John Fis	52.09m
13	Alessio Brattoli	SR	DeSales	51.77m
14	Andrew Bernacki	SO	RIT	50.69m
15	Andrew Ellis	JR	TCNJ	50.57m
16	James Ball	SR	Hamilton	50.01m
17	Gabe Dunlap	SO	Grove City	49.70m
18	Shelton Sainvil	JR	Stockton	48.30m
19	JD Black	SO	Grove City	46.81m
20	Chase Shaneman	FR	Ursinus	46.48m

Decathlon: #1 Men 100 Meter Dash Decathlon

	Name	Yr	School	Finals
Finals				
1	Thomas Rich	SO	Carnegie Mellon	11.19 819
2	Jarod Forer	SR	Rochester	11.63 725
3	Matthew Maransky	FR	Misericordia	11.66 719
4	Connor Lambert	SO	St. Lawrence	11.72 707
5	Richard Mangogna	SO	Oneonta	11.73 705
6	Andrew Wieder	FR	Utica	11.73 705
7	Aeden Angelone	SO	Rochester	11.85 681
8	Alex Opsahl	JR	Rochester	12.12 628

Decathlon: #5 Men 400 Meter Dash Decathlon

	Name	Yr	School	Finals
Finals				
1	Thomas Rich	SO	Carnegie Mellon	50.84 776
2	Jarod Forer	SR	Rochester	52.18 717

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Finals ... (Decathlon: #5 Men 400 Meter Dash Decathlon)

	Name	Yr	School	Finals	
3	Alex Opsahl	JR	Rochester	53.49	661
4	Matthew Maransky	FR	Misericordia	53.97	641
5	Richard Mangogna	SO	Oneonta	54.48	620
6	Connor Lambert	SO	St. Lawrence	55.01	598

Decathlon: #10 Men 1500 Meter Run Decathlon

	Name	Yr	School	Finals	
1	Jarod Forer	SR	Rochester	4:49.65	621
2	Alex Opsahl	JR	Rochester	4:51.66	609
3	Thomas Rich	SO	Carnegie Mellon	4:52.89	601
4	Richard Mangogna	SO	Oneonta	5:13.16	486
5	Matthew Maransky	FR	Misericordia	5:16.07	471
6	Connor Lambert	SO	St. Lawrence	5:23.85	430

Decathlon: #6 Men 110 Meter Hurdles Decathlon

	Name	Yr	School	Finals	
1	Thomas Rich	SO	Carnegie Mellon	15.33	810
2	Matthew Maransky	FR	Misericordia	16.77	648
3	Richard Mangogna	SO	Oneonta	16.95	629
4	Alex Opsahl	JR	Rochester	17.01	623
5	Connor Lambert	SO	St. Lawrence	17.16	608
6	Jarod Forer	SR	Rochester	21.23	259

Decathlon: #4 Men High Jump Decathlon

	Name	Yr	School	Finals	
1	Aeden Angelone	SO	Rochester	1.89m	705
2	Alex Opsahl	JR	Rochester	1.83m	653
2	Matthew Maransky	FR	Misericordia	1.83m	653
4	Thomas Rich	SO	Carnegie Mellon	1.74m	577
5	Richard Mangogna	SO	Oneonta	1.71m	552
6	Connor Lambert	SO	St. Lawrence	1.65m	504
7	Jarod Forer	SR	Rochester	1.59m	457

Decathlon: #8 Men Pole Vault Decathlon

	Name	Yr	School	Finals	
1	Matthew Maransky	FR	Misericordia	4.20m	673
1	Jarod Forer	SR	Rochester	4.20m	673
3	Richard Mangogna	SO	Oneonta	4.10m	645
4	Alex Opsahl	JR	Rochester	3.70m	535
5	Connor Lambert	SO	St. Lawrence	3.50m	482
6	Thomas Rich	SO	Carnegie Mellon	3.40m	457

Decathlon: #2 Men Long Jump Decathlon

	Name	Yr	School	Finals	
1	Thomas Rich	SO	Carnegie Mellon	7.07m	830
2	Jarod Forer	SR	Rochester	6.52m	702
3	Matthew Maransky	FR	Misericordia	6.51m	700
4	Andrew Wieder	FR	Utica	6.38m	670
5	Connor Lambert	SO	St. Lawrence	6.36m	666

6	Alex Opsahl	JR	Rochester	6.17m	624
7	Aeden Angelone	SO	Rochester	6.08m	604
8	Richard Mangogna	SO	Oneonta	5.86m	556

Decathlon: #3 Men Shot Put Decathlon

	Name	Yr	School	Finals	
1	Alex Opsahl	JR	Rochester	12.33m	626
2	Aeden Angelone	SO	Rochester	11.51m	577
3	Matthew Maransky	FR	Misericordia	11.41m	571
4	Thomas Rich	SO	Carnegie Mellon	11.37m	568
5	Connor Lambert	SO	St. Lawrence	11.16m	556
6	Richard Mangogna	SO	Oneonta	10.80m	534
7	Jarod Forer	SR	Rochester	9.89m	479

Decathlon: #7 Men Discus Throw Decathlon

	Name	Yr	School	Finals	
1	Thomas Rich	SO	Carnegie Mellon	34.63m	556
2	Connor Lambert	SO	St. Lawrence	34.26m	549
3	Matthew Maransky	FR	Misericordia	31.39m	492
4	Jarod Forer	SR	Rochester	30.66m	477
5	Alex Opsahl	JR	Rochester	25.68m	380
6	Richard Mangogna	SO	Oneonta	23.51m	339

Decathlon: #9 Men Javelin Throw Decathlon

	Name	Yr	School	Finals	
1	Connor Lambert	SO	St. Lawrence	53.91m	647
2	Matthew Maransky	FR	Misericordia	47.57m	553
3	Jarod Forer	SR	Rochester	42.89m	484
4	Thomas Rich	SO	Carnegie Mellon	41.93m	470
5	Alex Opsahl	JR	Rochester	41.22m	460
6	Richard Mangogna	SO	Oneonta	32.14m	329

Men Decathlon

Meet Record:		6742 M 1981	Matt Riordan	
	Name	Yr	School	Finals
1	Thomas Rich	SO	Carnegie Mellon	6464
2	Matthew Maransky	FR	Misericordia	6121
3	Alex Opsahl	JR	Rochester	5799
4	Connor Lambert	SO	St. Lawrence	5747
5	Jarod Forer	SR	Rochester	5594
6	Richard Mangogna	SO	Oneonta	5395

Women - Team Rankings - 22 Events Scored	
1)	Geneseo 134
2)	Brockport 61.5
3)	Rowan 61
4)	Ithaca 48.5
5)	TCNJ 46.5
6)	Carnegie Mellon 44
7)	Rochester 42
8)	Misericordia 40.5

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9) Stevens	29	21) Stevenson	17
10) St. Lawrence	28	22) Vassar	16
11) Johns Hopkins	24.5	23) Rochester	15
12) Ramapo	24	24) Moravian	11
12) Rutgers-Newark	24	24) Misericordia	11
12) Elizabethtown	24	24) Alfred State	11
15) Stockton	20.5	27) Lebanon Valley	10
16) Alvernia	20	27) Ursinus	10
17) St. John Fisher	19	29) Rutgers-Newark	9
18) Plattsburgh St.	16	29) Elizabethtown	9
19) Ursinus	14	31) Oneonta	8
19) Grove City	14	32) Muhlenberg	7.5
21) Susquehanna	11	33) Hamilton	6
22) Moravian	10.5	33) Union (N.Y.)	6
23) Utica	9	35) Grove City	4
24) Muhlenberg	8	36) Nazareth	3
24) DeSales	8	36) SUNY Cobleskill	3
26) Lebanon Valley	7	38) St. Mary's (Md.)	2
26) PSU-Behrend	7	38) Marywood	2
28) SUNY Delhi	6	38) Scranton	2
28) RIT	6	41) Plattsburgh St.	1
30) Marywood	5		
30) Cortland	5		
30) Farmingdale St.	5		
30) Union (N.Y.)	5		
30) Scranton	5		
35) Oneonta	4		
36) Nazareth	3.5		
37) Alfred State	3		
37) Lehman	3		
37) Hamilton	3		
37) Washington & Jefferson	3		
41) Cedar Crest	2		
41) Vassar	2		
43) Widener	1		
43) Houghton	1		

Men - Team Rankings - 22 Events Scored

1) Rowan	101.5
2) Carnegie Mellon	91
3) Brockport	48
4) Ithaca	47.5
5) Cortland	36
5) TCNJ	36
7) Ramapo	32
8) SUNY Delhi	28
9) Johns Hopkins	27
9) Utica	27
9) Stockton	27
12) Montclair State	24
12) Geneseo	24
14) RIT	23
15) Widener	20
15) Susquehanna	20
15) St. John Fisher	20
18) St. Vincent (Pa.)	19
19) PSU-Behrend	18.5
20) St. Lawrence	18