

Nazareth ROC City Final Qualifier

Nazareth College - 5/15/2022

Results

Women 100 Meter Dash

Facility: 12.41 F 2015 Miasia Hillman
AARTFC: 12.65 A

Name	Yr	School	Prelims
Preliminaries			
1 Jenna Strickland	SR	Geneseo	A 12.43Q-0.4
2 Satin Holmes	SR	Brockport	A 12.46Q-0.8
3 Sarah Levine	JR	Brockport	A 12.50q -0.8
4 Kate Koutsourades	SO	Geneseo	12.66q -0.8
5 Autumn Pittman	FR	Cortland	12.70q -0.4
6 Kadie-Ann Whyte	FR	SUNY Delhi	12.78q -0.8
7 Laura Meade	JR	Utica	12.79q -0.4
8 Jaylynn Sheppard	SR	SUNY Delhi	12.79q -0.8
9 Brianna Lawless	SR	Brockport	13.03 -0.4
10 Riley Norris	FR	Nazareth	13.16 -0.4
11 Emma Flaitz	SO	Geneseo	13.31 -0.8
--- Ejim Nnate	FR	Oneonta	DNF -0.4

Women 100 Meter Dash

Facility: 12.41 F 2015 Miasia Hillman
AARTFC: 12.65 A

Name	Yr	School	Finals
Finals			
1 Jenna Strickland	SR	Geneseo	12.18F -0.4
2 Sarah Levine	JR	Brockport	12.26F -0.4
3 Satin Holmes	SR	Brockport	12.42A -0.4
4 Kate Koutsourades	SO	Geneseo	12.57A -0.4
5 Autumn Pittman	FR	Cortland	12.59A -0.4
6 Jaylynn Sheppard	SR	SUNY Delhi	12.73 -0.4

Women 200 Meter Dash

Facility: 25.07 F 2016 Kathleen Amstad
AARTFC: 26.00 A

Name	Yr	School	Finals
Finals			
1 Marissa Wise	FR	Brockport	25.62A -2.0
2 Katelyn Hutchison	JR	Ithaca	25.87A -2.0
3 Caroline Hill	FR	RIT	26.18 -2.0
4 Kate Isaac	SO	Rochester	26.30 -2.0
5 Kadie-Ann Whyte	FR	SUNY Delhi	26.43 -1.4
6 Clare Tiedemann	SR	Oberlin	26.55 -2.0
7 Autumn Pittman	FR	Cortland	26.66 -2.0
8 Sabrina Richards	SO	SUNY Delhi	26.74 -1.4
9 Brianna Lawless	SR	Brockport	26.78 -1.4
10 Adriana Straughter	SR	Geneseo	26.80 -1.4
11 Marley Froe	FR	Union (N.Y.)	26.81 -1.9
12 Emma Flaitz	SO	Geneseo	26.97 -1.4
13 Katie Mullady	JR	Geneseo	27.13 -1.9
14 Abrianna Kruger	SO	Geneseo	27.42 -1.9

Women 400 Meter Dash

Facility: 54.88 F 2015 Christine Amertil
AARTFC: 1:00.00 A

Name	Yr	School	Finals
Finals			
1 Susan Bansbach	JR	Rochester	55.23A
2 Anna Flaitz	JR	Geneseo	56.76A
3 Samantha Shea	JR	St. John Fisher	57.16A
4 Kristin Hardy	JR	Rochester	57.43A
5 Laura Zopf	SR	Geneseo	57.96A
6 Grace Wright	FR	St. John Fisher	58.07A
7 Eileen Bequette	SR	Rochester	59.58A
8 Lena Kiehl	SO	Geneseo	1:00.33
9 Sabrina Richards	SO	SUNY Delhi	1:00.76
10 Natalie MacArthur	FR	Ithaca	1:01.20
11 Katherine Downey	SO	Ithaca	1:02.33
12 Emma Wright	FR	St. John Fisher	1:03.38

Women 800 Meter Run

Facility: 2:12.25 F 2013 Jen Randall
AARTFC: 2:21.00 A

Name	Yr	School	Finals
Finals			
1 Elizabeth Decker	SR	Nazareth	2:17.96A
2 Megan Giovanniello	SR	Ithaca	2:20.58A
3 Janelle Eckl	FR	Geneseo	2:21.39
4 Michelle Rohl		GPTC	2:22.01
5 Erin Eivers	SO	Geneseo	2:22.63
6 Rachel Rose	SO	Ithaca	2:23.09
7 Claire Bargabos	SR	Nazareth	2:24.88
8 Naomi Sibley	JR	Brockport	2:27.40
9 Alivia Collins	SR	St. John Fisher	2:27.75
10 Meredith Masker	FR	Brockport	2:32.12
11 Rachel Pausz	SR	Georgian Court	2:39.03

Women 1500 Meter Run

Facility: 4:43.64 F 2015 Laura Morrison
AARTFC: 4:54.00 A

Name	Yr	School	Finals
Finals			
1 Erin Eivers	SO	Geneseo	4:41.16F
2 Marian Draper	SR	RIT	4:59.79
3 Amelia Gilbert	JR	RIT	5:01.23
4 Taylor Highers	SR	St. John Fisher	5:09.11
5 Olivia Annunziato	FR	Brockport	5:09.68
6 Veronica Szygalowicz	SO	Geneseo	5:09.93

Women 100 Meter Hurdles

Facility: 14.42 F 2011 Emma Dewart
AARTFC: 15.65 A

Name	Yr	School	Prelims
Preliminaries			
1 Gwen Shepardson	JR	Geneseo	A 14.66Q-0.3
2 Logan Bruce	JR	Ithaca	A 14.74Q-0.7

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Preliminaries ... (Women 100 Meter Hurdles)

Name	Yr	School	Prelims
3 Ashley Heffernan	SO	Rochester	A 14.95q -0.7
4 Ciarra Franz	FR	St. John Fisher	A 15.07q -0.3
5 Marissa Dispenza	SR	RIT	A 15.41q -0.7
6 Eileen Bequette	SR	Rochester	15.75q -0.3
7 Mackenzie Gilligan	FR	Nazareth	15.80q -0.3
8 Milan Simmons	FR	St. John Fisher	15.86q -0.7
9 Abrianna Kruger	SO	Geneseo	16.51 -0.7
10 Abbey Szumloz	SR	Nazareth	16.51 -0.7
11 Allison Regnante	FR	RIT	16.70 -0.3
12 Madison Baker	SR	Brockport	17.21 -0.7
--- Michelle Fitting	SO	Geneseo	DNF -0.3

Women 100 Meter Hurdles

Facility: 14.42 F 2011 Emma Dewart
AARTFC: 15.65 A

Name	Yr	School	Finals
Finals			
1 Logan Bruce	JR	Ithaca	14.18F 1.2
2 Gwen Shepardson	JR	Geneseo	14.19F 1.2
3 Ciarra Franz	FR	St. John Fisher	14.67A1.2
4 Ashley Heffernan	SO	Rochester	14.77A1.2
5 Marissa Dispenza	SR	RIT	15.32A1.2
6 Eileen Bequette	SR	Rochester	15.52A1.2
7 Mackenzie Gilligan	FR	Nazareth	15.70 1.2
8 Milan Simmons	FR	St. John Fisher	15.93 1.2

Women 400 Meter Hurdles

Facility: 1:05.99 F 2012 Joanne TiRiele
AARTFC: 1:07.50 A

Name	Yr	School	Finals
Finals			
1 Allyn Madden	SR	Geneseo	1:02.84F
2 Elizabeth Liriano	SO	Cortland	1:03.94F
3 Laura Meade	JR	Utica	1:05.04F
4 Marissa Dispenza	SR	RIT	1:05.19F
5 Claire Lenihan	JR	Geneseo	1:06.88A
6 Megan McAllister	SR	St. John Fisher	1:07.90
7 Sarah Rivet	JR	Alfred State	1:08.70
8 Lauren Bendall	SO	Nazareth	1:10.85
9 Caroline Stanton	SO	Union (N.Y.)	1:10.93
10 Emily McGrath	FR	Ithaca	1:11.69

Women 3000 Meter Steeplechase

Facility: 11:20.05 F 2014 Gabrielle LeBihan
AARTFC: 12:10.00 A

Name	Yr	School	Finals
Finals			
1 Emily Weaver	JR	Nazareth	12:02.06A
2 Isabel Marzec	FR	Geneseo	12:04.87A
3 Lauren Puchta	FR	Brockport	12:07.71A
4 Angelea Collins	SO	St. John Fisher	13:04.43

Women 4x100 Meter Relay

Facility: 48.79 F 2013 Ithaca
Kelly, Dewart, Werner, Hubbard
AARTFC: 51.00 A

Team	Relay	Finals
Finals		
1 Geneseo		47.24F
1) Laura Zopf SR	2) Jenna Strickland SR	
3) Madison Mulder JR	4) Gwen Shepardson JR	
2 Rochester		47.31F
1) Kate Isaac SO	2) Susan Bansbach JR	
3) Ashley Heffernan SO	4) Madeline O'Connell JR	
3 Brockport		48.02F
1) Satin Holmes SR	2) Marissa Wise FR	
3) Brianna Lawless SR	4) Sarah Levine JR	
4 Ithaca		48.82A
1) Sara Brown SO	2) Katelyn Hutchison JR	
3) Emily McGrath FR	4) Logan Bruce JR	
5 Nazareth		50.35A
1) Riley Norris FR	2) Brenna Johnson SR	
3) McKenzie Leahey JR	4) Abbey Szumloz SR	
6 Alfred State		51.35
1) Madeline Cole SO	2) Sarah Rivet JR	
3) Laura Walter FR	4) Madison Snayczuk FR	
--- Oneonta		DQ
1) Danielle Jackson FR	2) Taylor Johnson FR	
3) Eva Zepeda SR	4) Ejim Nnate FR	

Women High Jump

Facility: 1.63m F 2009 Emma Dewart
AARTFC: 1.55m A

Name	Yr	School	Finals
Finals			
1 Danielle Fisk	SO	Cortland	1.65mF
2 Jenna Berry	SR	Geneseo	1.60mA
3 Charly Slusser	FR	Ithaca	1.60mA
4 Michaela Levesque	SO	Brockport	1.55mA
5 Emma Taggart	SO	Alfred State	1.55mA
6 Claudia Vogel	SO	St. John Fisher	1.50m
7 Mackenzie Gilligan	FR	Nazareth	1.45m
8 Anne Spila	FR	Alfred	1.45m
9 Cassidy Burrows	SO	RIT	1.45m
10 Lilah Ward	SO	SUNY Cobleskill	1.40m
--- Sarah Killip	JR	Brockport	NH
--- Emily Abbati	JR	Geneseo	NH

Women Pole Vault

Facility: 3.50m F 5/6/2022 Anna Ahlquist
AARTFC: 3.20m A

Name	Yr	School	Finals
Finals			
1 Meghan Matheny	JR	Ithaca	3.91mF
2 Martha Kemp-Neilson	SO	Ithaca	3.65mF
3 Sara Altonen	SO	Ithaca	3.35mA
4 Andrea Shipton	SR	Hamilton	3.35mA

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Finals ... (Women Pole Vault)

Name	Yr	School	Finals
5 Jamie Rossig	SO	Ithaca	3.20mA
5 Alondra Arroyo	SR	St. John Fisher	3.20mA
5 Kennedy Heichel	SO	Ithaca	3.20mA
8 Anna Ahlquist	SR	Nazareth	3.20mA
9 Mya Henry	FR	Brockport	3.05m
10 Eva Zepeda	SR	Oneonta	2.90m
--- Sarah Voit	JR	Oberlin	NH
--- Tess Eichner	SO	Brockport	DNS

Women Long Jump

Facility: 5.71m F 2014 Taylor Pierson

AARTFC: 5.25m A

Name	Yr	School	Finals
Finals			
1 Alexa Wandy		Unattached	5.74mF+0.0
2 Clare Tiedemann	SR	Oberlin	5.59mA-0.3
3 Adriana Straughter	SR	Geneseo	5.57mA0.8
4 Brenna Johnson	SR	Nazareth	5.46mA1.1
5 Allyson Surowick	SO	Geneseo	5.45mA1.1
6 Emily Salvemini	SO	Geneseo	5.35mA-1.5
7 Sara Brown	SO	Ithaca	5.35mA0.9
8 Janelle Eckl	FR	Geneseo	5.32mA1.1
9 Katie Mullady	JR	Geneseo	5.27mA1.1
10 Isabella Heath	SO	Nazareth	5.15m 2.9
11 McKenzie Leahey	JR	Nazareth	5.14m 1.5
12 Alyssa Hoogs	JR	Rochester	5.14m +0.0
13 Lanna Wandy	FR	Geneseo	5.13m -1.2
14 Michelle Fitting	SO	Geneseo	5.08m -0.3
15 Hannah Alderfer	FR	Susquehanna	5.07m 0.3
16 Madison Snayczuk	FR	Alfred State	4.83m +0.0
--- Mia Montgomery	SR	Brockport	DNS NWI
--- Anne Spila	FR	Alfred	DNS NWI

Women Triple Jump

Facility: 11.47m F 2013 Emilia Scheemaker

AARTFC: 10.80m A

Name	Yr	School	Finals
Finals			
1 Alexa Wandy		Unattached	12.88mF0.9
2 Ally Alvira	SO	Geneseo	11.73mF+0.0
3 Katelyn Jacques	SO	Geneseo	11.64mF1.7
4 Remi Acord	FR	Susquehanna	11.62mF0.8
5 Aesha Mokashi	SR	Oberlin	11.15mA0.7
6 Lena Kiehl	SO	Geneseo	11.10mA0.3
7 Hannah Ragule	SO	Nazareth	10.98mA1.3
8 Zoe Fortin	SR	Rochester	10.74m 1.0
9 Cora Rose	FR	Rochester	10.61m 1.8
10 Lanna Wandy	FR	Geneseo	10.54m +0.0
11 Sarah Merriwether	JR	Nazareth	10.49m 2.1
12 Madison Snayczuk	FR	Alfred State	10.20m 2.1
--- Alyssa Hoogs	JR	Rochester	DNS NWI
--- Mia Montgomery	SR	Brockport	DNS NWI

Women Shot Put

Facility: 12.99m F 5/7/2022 Jane Fahy

AARTFC: 11.50m A

Name	Yr	School	Finals
Finals			
1 Sarah Crockett	SO	Brockport	13.22mF
2 Jane Fahy	JR	Utica	12.77mA
3 Ariyahna Bernard	JR	Ithaca	12.58mA
4 Isabella Fabrizio	SO	Oneonta	12.57mA
5 Kitty Messina	FR	SUNY Delhi	11.61mA
6 Deziree Garrick	FR	Rochester	11.45m
7 Maleenah Ortiz	FR	Brockport	11.42m
8 Alayna Fredenburg	SR	Brockport	11.11m
9 Tegan Garris	FR	Oneonta	11.06m
10 Kate Bellman	SO	Oneonta	10.77m
11 Zoe Conner	SO	Geneseo	10.57m
12 Lyndsay O'Brien	JR	St. John Fisher	10.02m
13 Lainey Porter	FR	Brockport	9.48m
--- Lauren Kluck	SR	Geneseo	DNS
--- Makenna King	SO	St. John Fisher	DNS

Women Discus Throw

Facility: 47.88m F 2012 Marie-Josée Le Jour

AARTFC: 36.00m A

Name	Yr	School	Finals
Finals			
1 Sarah Crockett	SO	Brockport	37.80mA
2 Emma Kinnicutt	FR	Brockport	37.79mA
3 Rebecca Heuler	FR	SUNY Delhi	37.76mA
4 Gillian Reeder	JR	Rochester	37.32mA
5 Cora Rose	FR	Rochester	36.07mA
6 Kitty Messina	FR	SUNY Delhi	36.06mA
7 Tirzah Pilet	SR	RIT	36.03mA
8 Jane Fahy	JR	Utica	35.22m
9 Emily DiMarco	FR	RIT	34.76m
10 Nicole Hume	FR	Alfred State	32.92m
11 Zoe Conner	SO	Geneseo	30.93m
12 Kate Bellman	SO	Oneonta	30.08m
--- Gabrielle DeSanctis	SO	Utica	FOUL
--- Maleenah Ortiz	FR	Brockport	FOUL
--- Makenna King	SO	St. John Fisher	DNS
--- Liana Shames	JR	Ithaca	DNS
--- Hannah Jackson	SO	Oneonta	DNS

Women Hammer Throw

Facility: 50.39m F 2015 Taylor Youngkrans

AARTFC: 43.50m A

Name	Yr	School	Finals
Finals			
1 Jordan Lehman	SR	St. John Fisher	48.03mA
2 Alayna Fredenburg	SR	Brockport	47.88mA
3 Ellie Ramirez	SR	Brockport	47.50mA
4 Liana Shames	JR	Ithaca	46.65mA
5 Lea Richard	SO	Nazareth	45.95mA
6 Ariyahna Bernard	JR	Ithaca	45.21mA

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Finals ... (Women Hammer Throw)

	Name	Yr	School	Finals
7	Sarah Crockett	SO	Brockport	44.97mA
8	Lainey Porter	FR	Brockport	43.77mA
9	Gillian Reeder	JR	Rochester	43.67mA
10	Christina Groleau	SO	Oneonta	42.77m
11	Sarah Parr	FR	Cortland	42.26m
12	Isabella Fabrizio	SO	Oneonta	42.00m
13	Elizabeth Izydorcak	SR	St. John Fisher	41.65m
14	Madison Palmer	SR	Alfred	40.80m
15	Nicole Hume	FR	Alfred State	40.31m
16	Emma Kinnicutt	FR	Brockport	39.69m
17	Kitty Messina	FR	SUNY Delhi	38.61m
18	Zoe Conner	SO	Geneseo	38.13m
19	Gabrielle DeSanctis	SO	Utica	35.07m
---	Ginalee Erskine	SR	Georgian Court	DNS
---	Hannah Jackson	SO	Oneonta	DNS

Women Javelin Throw

Facility: 40.35m F 2012 Ashley Dlubac

AARTFC: 33.50m A

	Name	Yr	School	Finals
Finals				
1	Rebecca Heuler	FR	SUNY Delhi	40.69mF
2	Alayna Fredenburg	SR	Brockport	37.49mA
3	Eileen Bequette	SR	Rochester	35.10mA
4	Hannah Murdock	JR	Oneonta	33.64mA
5	Emily Beattie	FR	Brockport	31.17m
6	Ellie Ramirez	SR	Brockport	30.08m
7	Kurstan Martin	SO	Utica	29.93m
8	Kitty Messina	FR	SUNY Delhi	28.95m
9	Anne Spila	FR	Alfred	26.08m
---	Ayaka Machida	JR	Geneseo	DNS

Men 100 Meter Dash

Facility: 10.73 F 5/7/2022 Daijon Richards

AARTFC: 11.10 A

	Name	Yr	School	Prelims
Preliminaries				
1	Daijon Richards	SO	Utica	A 11.00Q-0.1
2	Kelly Brown	SO	Brockport	11.14Q-1.4
3	Mitchell Lienert	SO	Rochester	A 11.05q -0.1
4	Chris Ganley	SO	Oneonta	11.20q -1.4
5	Anthony D'Adetta	SO	Ithaca	11.28q -0.1
6	Ryan Henderson	FR	Alfred State	11.34q -0.1
7	Esaias Brumfield	JR	Alfred State	11.36q -1.4
8	Mickenson Simon	FR	SUNY Delhi	11.40q -0.1
9	Matthew Kilian	SR	Brockport	11.41 -1.4
10	Zashon Abrams	FR	Cortland	11.50 -0.1
11	Manny Eribo	FR	Rochester	11.52 -0.1
12	Jared Prior	FR	Unattached	12.04 -1.4

Men 100 Meter Dash

Facility: 10.73 F 5/7/2022 Daijon Richards

AARTFC: 11.10 A

	Name	Yr	School	Finals
Finals				
1	Daijon Richards	SO	Utica	10.76A0.8
2	Kelly Brown	SO	Brockport	10.77A0.8
3	Chris Ganley	SO	Oneonta	10.82A0.8
4	Mitchell Lienert	SO	Rochester	10.90A0.8
5	Anthony D'Adetta	SO	Ithaca	11.04A0.8
6	Esaias Brumfield	JR	Alfred State	11.16 0.8
7	Ryan Henderson	FR	Alfred State	11.17 0.8
8	Mickenson Simon	FR	SUNY Delhi	11.27 0.8

Men 200 Meter Dash

Facility: 21.86 F 2016 Dorian Hayden

AARTFC: 22.40 A

	Name	Yr	School	Finals
Finals				
1	Andy Frank	JR	Ithaca	21.98A-1.6
2	Josh Jeffes	FR	SUNY Delhi	22.02A-1.6
3	Mitchell Lienert	SO	Rochester	22.33A-1.6
4	Anthony D'Adetta	SO	Ithaca	22.77 -0.9
5	Mickenson Simon	FR	SUNY Delhi	22.91 -0.9
6	Nate Oczkowski	JR	Ithaca	22.96 -1.6
7	Ben Lewis	FR	Nazareth	23.07 -0.9
8	Jonah Dean	JR	St. John Fisher	23.13 -0.9
9	Manny Eribo	FR	Rochester	23.18 -3.2
10	Otto Wilson	SR	RIT	23.20 -0.9
11	Eric Nieves	SO	Oneonta	23.28 -0.9
12	Zach Rudewicz-Nepokroci	JR	Alfred State	23.34 -1.6
13	Justin Jantzi	SO	RIT	23.36 -0.9
14	Brady Bishop	FR	St. John Fisher	23.48 -3.2
15	Robert Hartigan	SO	St. John Fisher	23.48 -3.2
16	Matthew Skakal	SR	RIT	23.54 -0.9
17	Trenton Goyette	FR	RIT	23.57 -0.9
18	Brenden McBride	FR	RIT	23.63 -0.9
19	James King	SR	Geneseo	23.77 -3.2
20	Matthew Kilian	SR	Brockport	23.77 -0.9
21	Curtis Cuvilly	JR	St. John Fisher	23.92 -3.2
22	Brendan Style	FR	Geneseo	23.95 -0.9
23	Jared Prior	FR	Unattached	24.63 -0.9
24	Matthew Frisa		Unattached	24.70 -3.2

Men 400 Meter Dash

Facility: 48.47 F 2016 Peter Girardi

AARTFC: 50.00 A

	Name	Yr	School	Finals
Finals				
1	Josh Jeffes	FR	SUNY Delhi	47.71F
2	Kieran Sheridan	JR	Geneseo	48.08F
3	Andy Frank	JR	Ithaca	48.87A
4	John Goldsizer	SO	Geneseo	49.31A
5	Mike Welch	JR	Nazareth	50.14
6	Stephen Hoare	SO	Geneseo	50.97

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Finals ... (Men 400 Meter Dash)

	Name	Yr	School	Finals
7	Matthew Resnick	FR	RIT	51.11
8	Robert Hartigan	SO	St. John Fisher	51.18
9	Elliott Davis	FR	Susquehanna	51.24
10	Shawn Rosa	JR	Alfred State	51.46
11	Conor Ryan	SO	Ithaca	51.56
12	Brendan Style	FR	Geneseo	51.61
13	Jonathon White	SR	Susquehanna	52.14
14	Jake Newell	JR	Susquehanna	52.60
15	Matthew Frisa		Unattached	54.07
16	Ian Ertel	JR	Ithaca	55.17

Men 800 Meter Run

Facility: 1:52.69 F 2016 Ben Griffin

AARTFC: 1:57.00 A

	Name	Yr	School	Finals
Finals				
1	Joshua Goldberg	FR	Geneseo	1:51.41F
2	Alec Andrews	JR	Geneseo	1:52.52F
3	Nick Andrews	SO	Geneseo	1:55.23A
4	Matthew Sheehan	FR	Geneseo	1:55.23A
5	Benjamin Neff	FR	Union (N.Y.)	1:57.21
6	Lucas Sharron	JR	Nazareth	1:58.28
7	Nolan Czech	SR	Georgian Court	1:58.30
8	Myles Andersen	JR	St. John Fisher	1:58.88
9	Ryan Allen	SR	St. John Fisher	1:58.91
10	Ethan Kenyon	FR	Nazareth	1:59.49
11	Dillon VanDemortel	SR	SUNY Cobleskill	1:59.74
12	Kenny Williams	SO	Nazareth	2:00.06
13	Aiden Rowley	JR	Union (N.Y.)	2:01.25
14	Jarod Brzyski	SR	Georgian Court	2:02.45
15	Tony DiRubbo	SO	St. John Fisher	2:02.56
16	Julian Corbeaux	SR	Geneseo	2:03.36
17	Ryan English	SR	St. John Fisher	2:04.94
18	Brian Clark	SO	Alfred State	2:07.20
19	Hayden Lohmann	FR	Utica	2:07.79

Men 1500 Meter Run

Facility: 3:54.53 F 2014 Keith Pease

AARTFC: 4:02.00 A

	Name	Yr	School	Finals
Finals				
1	Ezra Ruggles	SO	Geneseo	3:44.90F
2	Riley Grossman	JR	Geneseo	3:51.16F
3	Jonathan Zavala	FR	Brockport	3:51.74F
4	Nick Andrews	SO	Geneseo	3:59.05A
5	Aleksei Bingham	SR	RIT	4:01.26A
6	Matt Chaikowsky	FR	RIT	4:02.76
7	Dillon VanDemortel	SR	SUNY Cobleskill	4:03.59
8	Jonthomas Bierman	SO	Oneonta	4:03.62
9	Charles Alekson	SO	Union (N.Y.)	4:05.61
10	Micah Ford	FR	Geneseo	4:07.08
11	Jarod Brzyski	SR	Georgian Court	4:07.36
12	Charles Canero	FR	Geneseo	4:09.74
13	Ben Trantanella	SO	Union (N.Y.)	4:11.13

14	Daniel DeZutter	SO	RIT	4:11.37
15	Michael Roberts	SO	Utica	4:12.91
16	Josh Tomaka	SR	Nazareth	4:17.08
17	Ethan Glashauser	SO	Nazareth	4:18.50
18	Andrew Ford	SR	St. John Fisher	4:24.97

Men 110 Meter Hurdles

Facility: 14.93 F 2013 Andrew Omoregie

AARTFC: 15.80 A

	Name	Yr	School	Finals
Finals				
1	Brett Morse	SO	Cortland	14.65F 1.7
2	Aaron Jones	SO	Cortland	14.68F 1.7
3	Kaleb Luton	JR	Nazareth	15.01A 1.7
4	Nate Oczkowski	JR	Ithaca	15.09A 1.7
5	Connor McCauslin	JR	Nazareth	15.51A 1.7
6	John Ruggio	SO	St. John Fisher	15.94 1.7
7	Matthew Doerner	JR	RIT	16.29 1.7
8	Luke Andres	SR	Geneseo	18.82 1.7

Men 400 Meter Hurdles

Facility: 54.48 F 2009 Matt Marion

AARTFC: 57.00 A

	Name	Yr	School	Finals
Finals				
1	John Ruggio	SO	St. John Fisher	55.93A
2	Derek Walter	JR	Alfred State	56.24A
3	Brandon Zimmerman	FR	Susquehanna	56.95A
4	Zach Woodruff	SR	Ithaca	59.31
5	Marshall Testa	SO	Geneseo	1:01.10

Men 3000 Meter Steeplechase

Facility: 9:37.95 F 2009 Tim Shea

AARTFC: 9:55.00 A

	Name	Yr	School	Finals
Finals				
1	Jared Smith	FR	Brockport	9:54.58A
2	Bogdan Rozvora	JR	St. John Fisher	10:02.95
3	Adam Yeager	SR	St. John Fisher	10:23.70
4	Kevin Havens	JR	St. John Fisher	10:41.55
---	Ryan Mitchell	SO	Geneseo	DNF

Men 4x100 Meter Relay

Facility: 42.20 F 2009 Ithaca

Wetmore, Covino, Lin, Orenstein

AARTFC: 43.50 A

	Team	Relay	Finals
Finals			
1	Geneseo		41.79F
	1) Bryan Jacobs SO	2) Lance Jensen SO	
	3) Jason Rappazzo JR	4) Lukas D'Alfonso JR	
2	Cortland		42.01F
	1) Zashon Abrams FR	2) Brett Morse SO	
	3) Coltrane Goring SO	4) Aaron Jones SO	

Nazareth ROC City Final Qualifier

Nazareth College - 5/15/2022

Results

Finals ... (Men 4x100 Meter Relay)

Team	Relay	Finals
3 Utica		42.27A
1) Ka'Sean Watlington SR	2) Josh Washington SO	
3) Michael Campbell SO	4) Daijon Richards SO	
4 Ithaca		42.31A
1) Anthony D'Adetta SO	2) Aaron Davis SO	
3) Akap Takor JR	4) Andy Frank JR	
5 Alfred State		43.50A
1) Ryan Henderson FR	2) Zach Rudewicz-Nepokroeff	
3) Cameron Howard SR	4) Esaias Brumfield JR	
6 Nazareth		43.81
1) Connor McCauslin JR	2) Ben Lewis FR	
3) Mike Welch JR	4) Kaleb Luton JR	

Men 4x400 Meter Relay

Facility: 3:19.64 F 2009 RIT

Marion, Sealander, Warner, Moulin

AARTFC: 3:24.00 A

Team	Relay	Finals
1 Geneseo		3:12.77F
1) John Goldszer SO	2) Jason Rappazzo JR	
3) Lance Jensen SO	4) Kieran Sheridan JR	
2 Cortland		3:18.82F
1) Douglas Knapp SO	2) Richard Samuels JR	
3) Justin Schrom SO	4) Coltrane Goring SO	

Men High Jump

Facility: 1.95m F 2009 Roman Drymalski

AARTFC: 1.90m A

Name	Yr	School	Finals
1 Tyler Hulse	JR	RIT	1.95mF
2 Sean Cochrane	SO	St. John Fisher	1.90mA
3 Kyle Reid	FR	Nazareth	1.80m
4 Tyler Terwilliger	FR	St. John Fisher	1.80m
4 Jesse Johnson	SR	Alfred State	1.80m
6 Peter Anderson	FR	RIT	1.75m
--- Tyler Brado	SR	SUNY Cobleskill	DNS
--- Aidan Kelly	SO	Oneonta	DNS

Men Pole Vault

Facility: 5.07m F 2011 Mike Dempsey

AARTFC: 4.40m A

Name	Yr	School	Finals
1 Dominic Mikula	JR	Ithaca	4.92mA
2 Nicholas John	SR	RIT	4.92mA
3 Zachary Nyhart	SO	Cortland	4.70mA
4 Josh Pomerleau	SR	Nazareth	4.55mA
5 Isaiah Blatt	JR	Susquehanna	4.55mA
6 Keefer Goodspeed	SR	Susquehanna	4.55mA
7 Shaun Herlihy	FR	Ithaca	4.55mA
8 Noah Koeng	FR	RIT	4.25m
9 Richard Mangogna	SO	Oneonta	4.10m

10 Matthew Carr	JR	St. John Fisher	3.95m
--- Chase Pecoraro	SR	Utica	NH
--- Dane Sorensen	JR	Cortland	NH
--- Matt Weil	SO	Ithaca	NH
--- Callum Howald	JR	Ithaca	DNS
--- Brendan Sheehan	SO	Ithaca	DNS
--- Brett Patmore	JR	Geneseo	DNS
--- Chris Filatov	FR	SUNY Delhi	DNS

Men Long Jump

Facility: 7.38m F 2014 Wendall Williams

AARTFC: 6.70m A

Name	Yr	School	Finals
1 Benjamin Sheehan	FR	RIT	7.08mA+0.0
2 Kyle Lane	SO	Rochester	6.71mA0.4
3 Rudy Alvarez		S.W.I.F.T.	6.64m 2.4
4 Bryan Jacobs	SO	Geneseo	6.62m 0.8
5 Brenden McBride	FR	RIT	6.61m 1.3
6 Aaron Davis	SO	Ithaca	6.54m 0.5
7 Josh Washington	SO	Utica	6.51m 1.0
8 Ben Eassa	SR	RIT	6.46m 0.9
9 Zach Rudewicz-Nepokroeff	JR	Alfred State	6.43m 1.4
10 Brandon Zimmerman	FR	Susquehanna	6.42m +0.0
11 Chase Pecoraro	SR	Utica	6.14m 1.1
12 Luke Andres	SR	Geneseo	6.09m 0.4
13 Alec Weiss	SO	Oneonta	5.97m +0.0
--- Sam Lorenzetti	FR	Rochester	FOUL

Men Triple Jump

Facility: 13.98m F 2014 Josiah Thomas

AARTFC: 13.50m A

Name	Yr	School	Finals
1 Joshua Feldberg	JR	Geneseo	14.09mF 1.9
2 Rudy Alvarez		S.W.I.F.T.	13.86mA1.2
3 Matt Johnson	SR	Nazareth	13.62mA1.2
4 Keith Green	JR	Susquehanna	13.59mA0.6
5 Aaron Davis	SO	Ithaca	13.57mA1.3
6 Evan Watt	SR	RIT	13.45m 2.4
7 Sean Stewart	SO	Geneseo	13.40m 1.3
8 James King	SR	Geneseo	13.39m 1.6
9 Spenc Whitmore	SO	Ithaca	13.16m +0.0
10 Gonyzer Foster	FR	SUNY Cobleskill	13.07m 1.6
11 Chase Pecoraro	SR	Utica	12.40m 1.7
--- D'Andre Hunter	FR	Brockport	DNS NWI

Men Shot Put

Facility: 15.98m F 5/7/2022 Hunter Logan

AARTFC: 13.75m A

Name	Yr	School	Finals
1 Alex Rood	FR	Brockport	15.98mF
2 Kevin Danaher	SR	Ithaca	15.92mA
3 Matthew Funicelli	SR	RIT	15.48mA
4 Art Jordan	SR	Brockport	15.25mA

Nazareth ROC City Final Qualifier

Nazareth College - 5/15/2022

Results

Finals ... (Men Shot Put)

	Name	Yr	School	Finals
5	Justin Showstead	JR	Ithaca	15.03mA
6	Hunter Logan	SO	Utica	15.02mA
7	Elijah Washington	SR	Brockport	14.91mA
8	Matt Faulise	SR	Brockport	14.13mA
9	Arthur Bittel	JR	Utica	13.47m
10	Billie Mays III	FR	Utica	13.38m
11	Vincent Zheng	FR	Oneonta	13.22m
12	John Demy	SR	Brockport	13.04m
13	Jacob Barnes	SO	Utica	12.79m
---	Greg Cole-Allen	JR	Geneseo	FOUL
---	Justin Swavely	FR	Utica	DNS

Men Discus Throw

Facility: 45.79m F 2012 Jordan Fuentes

AARTFC: 41.00m A

	Name	Yr	School	Finals
Finals				
1	Art Jordan	SR	Brockport	49.94mF
2	Dylan Perlino	SR	Alfred State	49.48mF
3	Kevin Danaher	SR	Ithaca	48.12mF
4	Nathan Florian	JR	Utica	45.48mA
5	Antwan Kelly	SO	Utica	43.60mA
6	Matthew Funicelli	SR	RIT	43.43mA
7	Matt Ciminelli	SR	RIT	43.41mA
8	Tyler Hauk	SO	Susquehanna	42.70mA
9	Matt Muscolo	FR	Brockport	41.35mA
10	Joseph Jerkovich	SR	St. John Fisher	41.29mA
11	James O'Neill	SR	Rochester	40.72m
12	Jacob Barnes	SO	Utica	39.96m
13	Alex Rood	FR	Brockport	38.12m
14	Matt Faulise	SR	Brockport	37.55m
15	Vincent Zheng	FR	Oneonta	36.16m
16	John Demy	SR	Brockport	35.81m
17	Arthur Bittel	JR	Utica	35.31m
18	Aidan Hughes	SR	RIT	34.41m
19	James Olson	FR	Alfred State	32.49m
---	Devin Kipp	SR	Brockport	DNS

Men Hammer Throw

Facility: 55.57m F 2016 Luis Rivera

AARTFC: 47.50m A

	Name	Yr	School	Finals
Finals				
1	Matthew Jackson	JR	Brockport	56.64mF
2	Elijah Washington	SR	Brockport	55.73mF
3	Dylan Perlino	SR	Alfred State	54.33mA
4	Matt Faulise	SR	Brockport	52.73mA
5	Matthew Funicelli	SR	RIT	52.35mA
6	Norberto Cervantes	SR	Oneonta	50.99mA
7	Ryan Swavely	SR	Rochester	49.04mA
8	Aidan Hughes	SR	RIT	47.90mA
9	James O'Neill	SR	Rochester	47.27m
10	Antwan Kelly	SO	Utica	43.66m
11	Billy Tolpa	FR	Brockport	43.44m

12	Mark Brown	SO	Utica	43.03m
13	Greg Cole-Allen	JR	Geneseo	42.76m
14	D'Shaun Ricketts	SR	Oneonta	41.75m
15	Jack Bickford	JR	St. John Fisher	41.04m
16	Brady VanAernam	SO	Utica	40.79m
---	Mitchell Makowski	JR	Cortland	FOUL
---	Nolan Ragland	SO	Rochester	FOUL

Men Javelin Throw

Facility: 59.97m F 2013

Sabastian Luna Jr.

AARTFC: 50.50m A

	Name	Yr	School	Finals
Finals				
1	Seth Ray	SR	Grove City	55.49mA
2	Justin Showstead	JR	Ithaca	55.11mA
3	Gabe Dunlap	SO	Grove City	53.85mA
4	DJ Mulroy	SR	Grove City	52.46mA
5	James Ball	SR	Hamilton	51.03mA
6	Andrew Longjohn	JR	Grove City	49.38m
7	Chase Pecoraro	SR	Utica	49.28m
8	Ryan Joule	FR	Cortland	47.77m
9	Justin Swavely	FR	Utica	47.07m
10	JD Black	SO	Grove City	45.33m
11	Brett Patmore	JR	Geneseo	44.51m
12	Anthony Riconzi	SO	Utica	43.18m
13	Carson Swierski	FR	Brockport	42.43m
14	Jacob Barnes	SO	Utica	39.92m
15	Noah Greenberg	SO	Union (N.Y.)	36.94m